

Virtual Transitus 2021

San Luis Rey Fraternity

of the Secular Franciscan Order presents

What: Transitus 2021 via Zoom

When: Sunday, October 3rd at 5:00pm

Where: Zoom (link [here](#)).

❖ Meeting ID: 760 726 2486

❖ Password: 1798

Join Secular Franciscans from English, Spanish, Korean, and Vietnamese speaking fraternities for an evening to reflect on the Transitus of St. Francis. We will be joined by Fr. Ray Tintle OFM, of the Serra Retreat Center in Malibu.



If you are able and can do so safely, have a candle to light and a small piece of bread to be symbolically blessed as part of the Transitus prayer.

Questions? Please contact Laura Chun at chun-ofs@att.net.


You are invited to offer a greeting to others, then please **mute** your microphone.



If you can do so safely, have a candle to light during our prayer, If possible please also have a small piece of bread to be blessed and consumed as a part of the Transitus service.

Transitus 2021





Welcome, Fr. Ray!



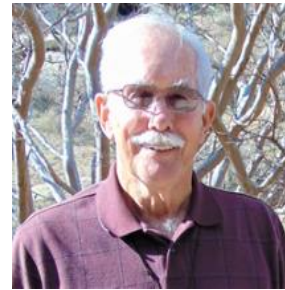
Fr. Ray Tintle, OFM, is a spiritual director at the Serra Retreat in Malibu. Originally from Los Angeles, he is a retired pastor, ordained in an exciting time in our Church following the Second Vatican Council. For years, he has served the Spanish speaking community. During the pandemic, he has supported a local prayer group via Zoom. Fr. Ray has been deeply engaged in ministries with the laity and appreciates the value of collaborating in team ministry, using gifts and talents together in the Mission of the Church. Fr. Ray shares that his work with the laity has enriched his life tremendously.

Transitus 2021

Welcome also to our Newly Professed Secular Franciscans 10/02/2021



Holy Spirit
Fraternity,
Chris
Figueroa,
OFS



St. Padre Pio
Fraternity,
Charles
Howard, OFS



San Juan
Capistrano,
Al DiNicola,
OFS



San Juan
Capistrano,
Marilyn
DiNicola,
OFS



San Luis Rey
Fraternity,
Heidi Madden,
OFS

Transitus 2021

Welcome
Bienvenidos
Chào mừng
어서 오십시오





**Laura Chun OFS, Minister
San Luis Rey Fraternity**



As we enter this Sacred Space we recall how at Transitus our bother Franciscans, the friars, gather around the empty habit placed lovingly on the floor.

This evening, we gather virtually to commemorate Transitus.

As Franciscans –

We gather.



Introductory Reading - Part 1
(From Brother Elias, General Minister)
Sylvia Paoli, Regional Spiritual Assistant
St. Francis Region – Southern California



A reading from the Encyclical Letter of Brother Elias, General Minister:

I Brother Elias, a sinner, send greetings to my beloved friends in Christ. Even before I begin, I sigh, for that which I feared has overtaken me and has overtaken you...he who carried us like lambs on his shoulders has set out abroad into a far country.

On Saturday, October 3rd, in the twelve hundred and twenty sixth year of our Lord, Francis, our brother and father, went home to Christ beloved friends.

Introductory Reading – Part 2
(From Brother Elias, Continued)
Sylvia Paoli, Regional Spiritual Assistant
St. Francis Region – Southern California



In truth, in very truth, the presence of Francis ... was light not only to us who were close to him, but also to those who were more removed from us in calling and in life.

He was sent forth from the True Light to enlighten those who sit in darkness and in the shadow of death, that he might guide their feet into the way of peace.



**Introductory Reading – Part 3
(From Brother Elias, Concluded)
Donna Foley OFS, Formation Director
St. Francis Fraternity, Philadelphia**



He did this, even as the True Daystar from on high enlightened his heart and inflamed his will with the fire of love...

For this reason, my sons and brothers, do not mourn beyond all measure; for God, the Father of orphans, will comfort us with his holy consolation.

And if you weep...weep for yourselves but not for him. Pray for our father and brother, Francis as once he asked us, and pray to him that God may make us sharers with him of his holy grace. Amen.

--Brother Elias, the Sinner



Opening Rite

Priest: The peace of the Lord be with you

R. And with your spirit.

Priest: Let us pray,

Short pause

HEAVENLY Father, we commemorate the passing of
our holy father Francis of Assisi into your hands.
as we celebrate in his memory,

Help us to accept the grace you pour out on us every day.
We ask this through Jesus Christ, our Lord.

R. Amen.



Candle Lighting

Those who are able; light candles while the music plays. There is no rush, do this safely.

We'll hold our candles up to our webcams once the song concludes.

Afterwards, set your candles (safely) aside or extinguish.

Candle Lighting

Hymn: Radiant Light Divine
Br. Rufino Zaragoza, OFM



Radiant Light Divine,
shine throughout this night.
Jesus, Holy One,
praise to you our Light.
As the daylight fades,
and come eventide,
dwell among us, Holy Fire.





**First Narration:
Connie Collins OFS, Vice-Minister
San Luis Rey Fraternity**



Twenty years had now passed since Francis' conversion, and his time was ending just as it had been shown to him by God's will.

For, once the blessed father and brother Elias were staying at Foligno, and one night while they were sleeping, a priest of venerable appearance and great age dressed in white clothing appeared to brother Elias.

1Cel: Chapter VIII no. 109



**First Narration (continued):
Connie Collins OFS, Vice-Minister
San Luis Rey Fraternity**



“Get up, brother,” he said “and tell brother Francis that eighteen years have passed since he renounced the world and clung to Christ. He will remain in this life only two more years; then he will go the way of all flesh when the Lord calls him to Himself.”

So, it came to pass that, the established time, the word of the Lord spoken long before now was fulfilled.



**First Narration (concluded):
Connie Collins OFS, Vice-Minister
San Luis Rey Fraternity**



After he had rested a few days in that place he so longed for, knowing the time of his death was close at hand, he called two brothers, his special sons, and told them to sing The Praises of the Lord with a loud voice and joyful spirit, rejoicing at his approaching death, or rather at the life that was so near.

He himself, as best he could, broke in that psalm of David: "With a loud voice I cried to the Lord; with a loud voice I beseeched the Lord."



**The Arrival of Lady Jacoba
Laura Chun OFS, Minister
San Luis Rey Fraternity**



Lady Jacoba of Settesoli, a holy and illustrious woman from Rome, was a dear friend of Francis. Francis knew he was dying and asked that a messenger be dispatched to her so that she might come as soon as possible to see him – and bring her the almond cookies that he so loved.

A letter was written and a messenger was found, but before the messenger could even depart there was a sudden ruckus outside the door. Outside were soldiers, horses, an entire retinue, and standing in the middle of it all was Lady Jacoba.



**The Arrival of Lady Jacoba
Laura Chun OFS, Minister
San Luis Rey Fraternity**



The friars were joyous to see her and a brother excitedly shared this wonderful news with Francis, saying: "I have something good to tell you, Father!"

And the saint immediately said in quick reply: "Blessed be God, who has guided the Lady Jacoba, our brother, to us. Open the door and bring her in, for our Brother Jacoba does not have to observe the decree against women."



**The Arrival of Lady Jacoba
Laura Chun OFS, Minister
San Luis Rey Fraternity**



There was a great rejoicing among the noble guests, and amid the rejoicing of spirit there was also a flowing of tears. And that nothing should be lacking in the unexpected miracle of her timely arrival, Lady Jacoba had also brought everything that had been requested in that unsent letter.

She brought items for the father's burial: through the grace of God, she brought the ashen-colored cloth with which to cover his dying body, many candles, a cloth for his face, and a little pillow for his head.



**The Arrival of Lady Jacoba
Laura Chun OFS, Minister
San Luis Rey Fraternity**



She also brought a certain sweet treat the saint had longed to eat: she brought his favorite almond cookies. Lady Jacoba had brought everything the spirit of this man had wanted.

She instructed the rest of her company to leave, and only she herself with her children and a few attendants would remain. She stayed there with Francis until his blessed death and happy end...

She remained there with him until his most holy soul was freed from his body, and his body fell asleep in the Lord.

*Treatise on the Miracles of Blessed Francis by Thomas of Celano
Chapter 7: Of the Lady Jacoba of Settesoli
Adapted by Laura Chun, OFS*



Second Narration:
Maria Perez OFS, Minister
Nuestra Señora de Los Ángeles Fraternity - Spanish



A certain brother,
however, from among
those standing about,
whom the saint loved
with great affection,
in his anxiety for all
the brothers, said to
him when he saw
these things and
recognized that
Francis was
approaching his end:

Entre los presentes
había un hermano a
quien el Santo
amaba con un afecto
muy distinguido; era
él muy solícito de
todos los hermanos;
viendo este hecho y
sabedor del próximo
desenlace de la vida
del Santo, le dijo:



Second Narration:
Maria Perez OFS, Minister
Nuestra Señora de Los Ángeles Fraternity - Spanish



"Kind Father, alas,
your sons are now
without a father and
are deprived of the
true light of their eyes.
Remember, therefore,
your orphan sons,
whom you are now
leaving; forgive them
all their faults and give
joy to those present
and absent with your
holy blessing."

«¡Padre bondadoso, mira
que los hijos quedan ya
sin padre y se ven
privados de la verdadera
luz de sus ojos!
Acuérdate de los
huérfanos que abandonas
y, perdonadas todas sus
culpas, alegra con tu
santa bendición tanto a
los presentes cuanto a
los ausentes».



**Second Narration:
Maria Perez OFS, Minister
Nuestra Señora de Los Ángeles Fraternity - Spanish**



And Francis said:
"Behold, my son, I
am called by God; I
forgive my brothers,
both present and
absent, all their
offences and faults,
and, in as far as I
am able, I absolve
them; I want you to
announce this to
them and to bless
them all on my
behalf."

«Hijo mío -respondió
el Santo, Dios me
llama. A mis hermanos,
tanto a los ausentes
como a los presentes,
les perdono todas las
ofensas y culpas y, en
cuanto yo puedo, los
absuelvo; cuando les
comunique estas
cosas, bendícelos a
todos en mi nombre».



Second Narration:
Maria Perez OFS, Minister
Nuestra Señora de Los Ángeles Fraternity – Spanish



Finally, he ordered the book of the Gospels to be brought and commanded that the Gospel according to St. John be read from the place where it begins: "Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father."

Mandó luego que le trajesen el código de los evangelios y pidió que se le leyera el evangelio de San Juan desde aquellas palabras: Seis días antes de la Pascua, sabiendo Jesús que le era llegada la hora de pasar de este mundo al Padre... (*Jn 12,1 y 13,1*).



Gospel

Gospel acclamation: "Alleluia"

John 13: 1-17 Proclaimed by Fr. Ray



Fr. Ray Tintle, OFM

A Reading from the holy Gospel according to John

It was just before the Passover Festival. Jesus knew that the hour had come for him to leave this world and go to the Father. Having loved his own who were in the world, he loved them to the end.

The evening meal was in progress, and the devil had already prompted Judas, the son of Simon Iscariot, to betray Jesus. Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him.

Gospel (continued)

He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus replied, "You do not realize now what I am doing, but later you will understand." "No," said Peter, "you shall never wash my feet."

Jesus answered, "Unless I wash you, you have no part with me." "Then, Lord," Simon Peter replied, "not just my feet but my hands and my head as well!"

Jesus answered, "Those who have had a bath need only to wash their feet; their whole body is clean. And you are clean, though not every one of you." For he knew who was going to betray him, and that was why he said not every one was clean.

When he had finished washing their feet, he put on his clothes and returned to his place.





“Do you understand what I have done for you?” he asked them. “You call me ‘Teacher’ and ‘Lord,’ and rightly so, for that is what I am. Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet.

I have set you an example that you should do as I have done for you. Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them.

The Gospel of the Lord



Fr. Ray Tintle, OFM

Reflection



**Third Narration:
Serena Jeon OFS, Minister
San Diego Fraternity - Korean**



그러고 나서 성인은 그의 두 손을 하늘로
치켜올려, 그의 그리스도를 찬미하였다. 이는
자신이 이제 모든 것에서 자유로운 몸이 되어
자유로우신 그분께 가고 있었기 때문이었다.
실로 그는 모든 면에서 그의 하느님이신
그리스도의 진실한 모방자임을 보여 주어, 그가
처음부터 사랑해 온 그의 형제들과 아들들을
끝까지 더욱 극진히 사랑하였다.

After these things, the saint raised his hands to
heaven and praised his Christ, because, freed
now of all things, he was going to him free.
Indeed, that he might show himself to be a true
imitator of Christ his God in all things, he loved
to the end his brothers and sons whom he had
loved from the beginning.



**Third Narration (concluded):
Serena Jeon OFS, Minister
San Diego Fraternity - Korean**



그는 거기 있는 모든 형제들을
불러오도록 하여, 자기의 죽음을
슬퍼하는 그들을 위로의 말로
달래며, 하느님을 사랑하라고
아버지의 정으로 타일렀다.

He had all the brothers present there called
to him and soothing them with comforting
words in view of his death, he exhorted
them with paternal affection to love God.

Sign of Peace

Father:

In memory of Francis' love for the brothers, let us greet one another with a virtual embrace of love and peace, mindful of his words: "For if a mother loves and cares for her child in the flesh, a friar should certainly love and care for his spiritual brother all the more tenderly."

The Rule of 1223, 6 (Omnibus, 61f.)

We will move into breakout rooms for about 5 minutes.

Please Introduce yourself: Share your name, your Parish and/or Fraternity and perhaps why you're here tonight - or something else meaningful to you.

Then say to the others in your group, **'Peace be with you.'**
Everyone replies with, **'and with your spirit'**





Breaking of Bread

Laura now asks each person who has a piece of bread to hold it in their hands.

Father prays:

While therefore the brothers were weeping very bitterly and grieving inconsolably, the holy father commanded that bread be brought to him. He blessed and broke it and gave a small piece of it to each one to eat. Commanding also that a book of the Gospels be brought, he asked that the Gospel according to St. John be read to him from the place that begins: "Before the feast of the Passover."

He was recalling that most holy supper which the Lord celebrated as his last supper with his disciples. He did all of this in reverent memory of that supper, showing thereby the deep love he had for his brothers.

Father will bless the bread and the person holding it. It's also ok to *not* have a piece of bread – each person will be blessed as well.





Father blesses the bread and the participants
with hands extended.

Priest:

Let us pray,
HOLY Father, above all, this evening, we give you thanks
for the memory of your blessed servant and our father,
Francis of Assisi.

May this bread, which Sister Earth has given
and our hands have molded,
be for us a participation in his lived memory
that we walk as brothers and sisters
following the footsteps of the poor and humble Christ.

Laura will explain that the priest will pray the 'Our Father' for us verbally while we all pray
WITH OUR MICROPHONES MUTED.

Father then leads the people in praying the Our Father.

Let us pray in the words... Our father who art in heaven,
hallowed be thy name, thy kingdom come, thy will be done, on
earth as it is in heaven...

For the kingdom, the power and the glory are yours now and forever.

Father asks everyone to share their bread with anyone present with them and to eat a few small bites.
Music plays.

Father asks everyone to share their bread with anyone present with them and to eat a few small bites.



In memoriam of Reynaldo "Dong" Diocampo

Ubi Caritas

Where charity and love are found

Words adapted and music by
ALEJANDRO D. CONSOLACION II

Moderato (♩ = 75)

Piano or Organ

mf

Chords: D \flat , A \flat /C, B \flat m, D \flat /A \flat , G \flat ⁹, D \flat /F, E \flat m⁷, A \flat ⁷



Conclusion

Fifth Narration:
Maria Phuc Pham OFS, Minister
St Anthony of Padua Fraternity - Vietnamese



Tường thuật thứ năm:

.Phanxico ra lệnh bện cho ngài một áo lông và rải tro trên mình của ngài. Sau đó, sau khi nhiều anh em đã tụ họp lại chung quanh người cha và người lãnh đạo của họ, và trong khi họ đứng cung kính bên cạnh ngài,

Francis then ordered that a hair shirt be put upon him and that he be sprinkled with ashes. Then, when many brothers had gathered about, whose father and leader he was,



Conclusion

Fifth Narration:
Maris Phuc Pham OFS, Minister
St Anthony of Padua Fraternity - Vietnamese



chờ đợi cái chết an lành và cuối đời hạnh phúc của ngài, linh hồn thánh thiện của ngài đã rời khỏi thân xác và chìm vào trong vực thẳm ánh sáng và thân xác ngài đã ngủ yên trong Chúa.

And while they were standing reverently at his side, awaiting his blessed death and happy end, his most holy soul was freed from his body and received into the abyss of light, and his body fell asleep in the Lord.

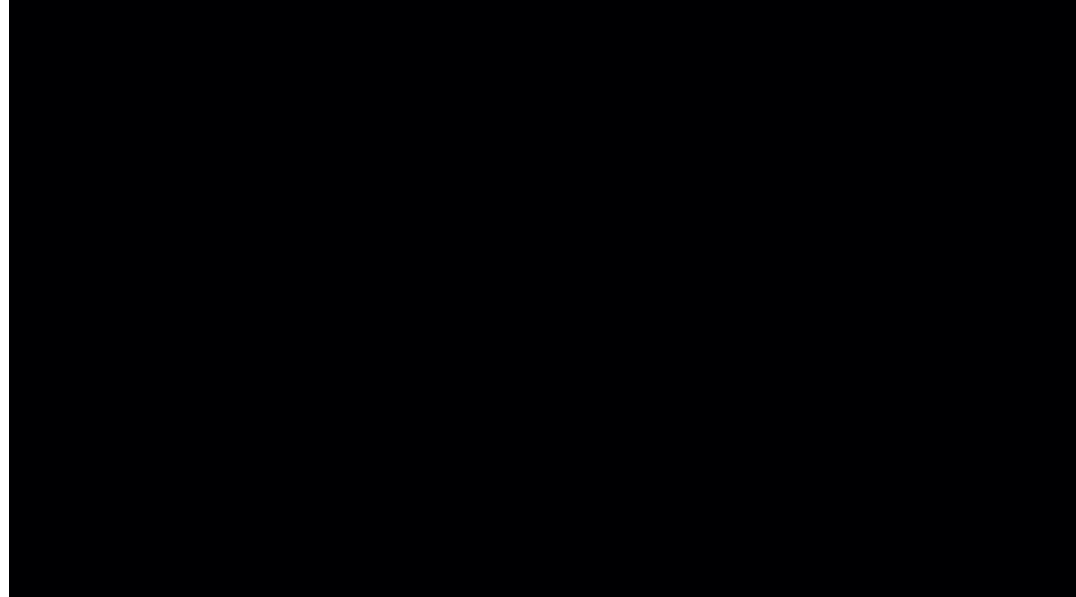



Conclusion

Tolling of the Bells: After the fifth narration, the bells are rung in remembrance of the Transitus of St. Francis.

This recording is from the Washington National Cathedral remembering Americans who have died of Covid.

We will experience 10 mourning bell tolls, **each bell** representing **70,000** Americans who have died of coronavirus during the pandemic.

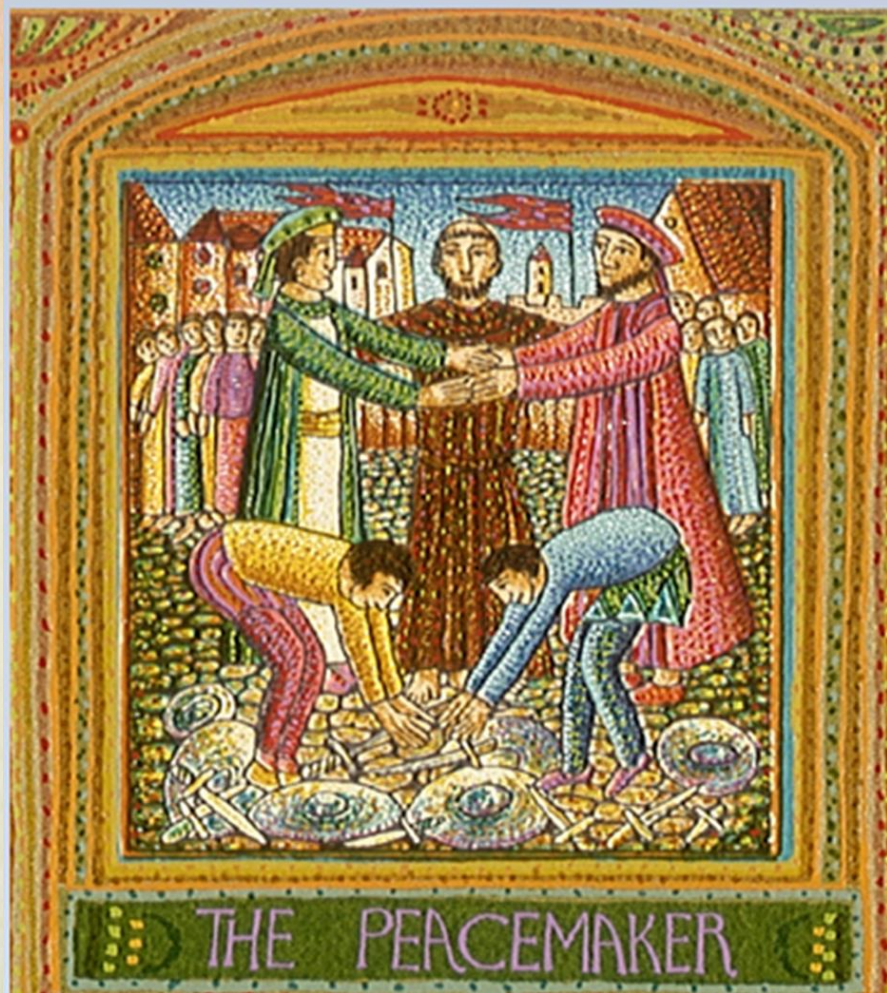




*May the Angels
lead you into paradise.*

*Eternal rest, grant unto them O Lord
and let perpetual light shine upon them.
May their souls and the souls of all the faithful departed,
through the mercy of God,
rest in peace.
Amen.*

Concluding Prayer
Canticle of the Creatures
St. Francis of Assisi



Images from 'Francis and the Wolf'
by John August Swanson and
are used with permission



Canticle of the Creatures - St. Francis of Assisi
Carol Imhoff OFS, Fraternity Historian
San Luis Rey Fraternity



Most High, all-powerful, good Lord,
Yours are the praises, the glory, and
the honor, and all blessing,

To You alone, Most High,
do they belong, and no human
is worthy to mention Your name.



Canticle of the Creatures - St. Francis of Assisi
Heidi Madden, OFS (Professed 10/2/2021)
San Luis Rey Fraternity



Praised be You, my Lord,
with all Your creatures, especially
Sir Brother Sun, who is the day
and through whom You give us light.

And he is beautiful and radiant
with great splendor;
and bears a likeness of
You, Most High One.

Canticle of the Creatures - St. Francis of Assisi
Kelly Farnum OFS, Secretary
San Luis Rey Fraternity

Praised be You, my Lord,
through Sister Moon and the stars,

in heaven You formed them clear and
precious and beautiful.



Canticle of the Creatures - St. Francis of Assisi
Pam McArthur, Candidate
San Luis Rey Fraternity

Praised be You, my Lord,
through Brother Wind,
and through the air,
cloudy and serene,

and every kind of weather,
through whom You give
sustenance to Your creatures.



Canticle of the Creatures - St. Francis of Assisi
Pam Pert, OFS
San Luis Rey Fraternity

Praised be You, my Lord,
through Sister Water,

who is very useful and
humble and precious
and chaste.



Canticle of the Creatures - St. Francis of Assisi
Corinne Helena, OFS
San Luis Rey Fraternity



Praised be You, my Lord,
through Brother Fire,

through whom You light the night,
and he is beautiful and playful,
robust and strong.



Canticle of the Creatures - St. Francis of Assisi
Jan DeSpain, Formation Director
San Luis Rey Fraternity

Praised be You, my Lord,
through our Sister Mother Earth,

who sustains and governs us,
and who produces various fruit
with colored flowers and herbs.





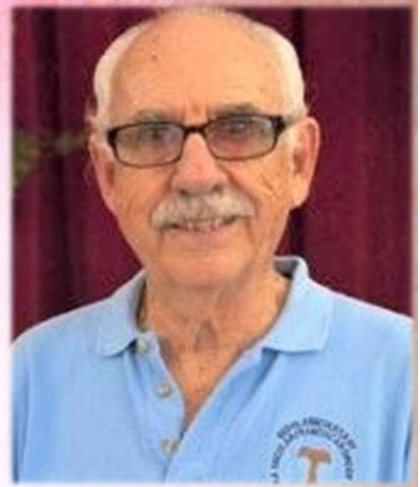
Canticle of the Creatures - St. Francis of Assisi
Sam DeSantis, OFS
San Luis Rey Fraternity



Praised be You, my Lord,
through those who give pardon
for Your love, and bear
infirmity and tribulation.

Blessed are those who endure in peace
for by You, Most High,
shall they be crowned.

Canticle of the Creatures - St. Francis of Assisi
Rock DeSpain OFS, Treasurer
San Luis Rey Fraternity



Praised be You, my Lord,
through our Sister Bodily Death,
from whom no one living can escape.

Woe to those who die in mortal sin.

Blessed are those whom death
will find in Your most holy will,
for the second death shall do them no harm.



Let us pray for our brother Friars in the Santa Barbara Province who have passed away this year.

- Stephen Gillis OFM, October 30, 2020
- Pat Groves OFM, December 17, 2020
- Javier Reyes OFM, February 3, 2021 (from COVID-19)
- Ben Innes OFM, February 26, 2021
- Peter Verheggen OFM, May 3, 2021
- Maximilian Hottle OFM, June 22, 2021
- Nevin Ford OFM, July 21, 2021



Let us pray for our brother and sister Secular Franciscans from the St. Francis Region who have also passed away this last year:

Lorraine Newbrough
Rita Guillen-Reinker
Mary July Nguyen
Susan Hai Hi Park
Kay Scannicchio
Maggie Welch
Midge LeClair
Gabe Harkay
Elena Ypina
Norma Liu

Joseph (Joe) Cannon
Lauretta Paoletti
Kenneth Wilde
Carol Werdin
Thuy Thi Tran
Hoe Thi Tran
Peter Revilla
Leon Ortega
Hai Thi Do
Clara Jung

Elizabeth (Betty) Sonderman
Elizabeth Young Hwa Kim
Angela Chang Sung Kim
Anna Soon Kyoung Kim
Agatha San Sook Kim
Therese Sa Thi Nguyen
Dominico Sun-ho Kang
Augustine Hun Il Lee
Sylvia Jin Young Lim
Francis Gum Nung Yu
Cecilia Sung Chun Park



Let us also remember all our brothers and sisters of the San Luis Rey Fraternity, and all Secular Franciscans, who have entered into eternal life.

Mary Behnke, OFS
Richard Boerger, OFS
Gertrude Brown, OFS
Raphael Brown, OFS
Joe Cannon, OFS
Florence Collins, OFS
Betty Lou Carson, OFS
Mae Coash, OFS
Tim Corrigan, OFS
Anna M. Day, OFS
Julia Dexter, OFS
Dorothy Donahue, OFS
Charles Dotson, OFS
Ruth Gallagher, OFS
Nicholas Furticella, OFS

Frances T. Garcia, OFS
Mary Gregush, OFS
William Haynes, OFS
Dorothy Johnson, OFS
Mary Juranick, OFS
Edna May Knox, OFS
Katherine Kunder, OFS
Rose Rita Langen, OFS
Raymond Langen, OFS
Amanda Martineau, OFS
Dustin Miller, OFS
Mary Molnar, OFS
Margaret Nelson, OFS
Rosemary O'Hagan, OFS
Freeda Perrotto, OFS

Michael Pollack, OFS
Alice Pritchard, OFS
Robert Porfirio, OFS
Armando Quarantiello, OFS
Michelle Sagnimeni, OFS
Thomas F.M. Siersma, OFS
Elaine Smith, OFS
Roberta Reynolds Steiner, OFS
Sandra Stevens, OFS
Cornelia Sussman, OFS
Catherine Wagner, OFS
George Wagner, OFS
Virginia Ward Tapp, OFS
Robert Wells, OFS
Gertrude Weaver, OFS





Canticle of the Creatures - St. Francis of Assisi
Sylvia Paoli, Regional Spiritual Assistant
St. Francis Region – Southern California

Praise and bless my Lord,
and give Him thanks

and serve Him
with great Humility.

Amen



Final Blessing

Father:

And may God bless you
In the name of the Father,
And in the Son
And the Holy Spirit

ALL: AMEN



Amen
Amén
Amen
아멘



Announcements





In gratitude to:

Fr. Ray Tintle, OFM – for joining us as our Celebrant this evening



In gratitude to:

Fr. Vince Messi, OFM – for the Transitus guidance, format and readings



Please prayerfully consider a financial gift to help retired Friars:
<https://sbfranciscans.org/get-involved/donate/fraternal-care-trust-donation-form/>



To learn more about Secular Franciscans
Visit our website at www.slr-ofs.org



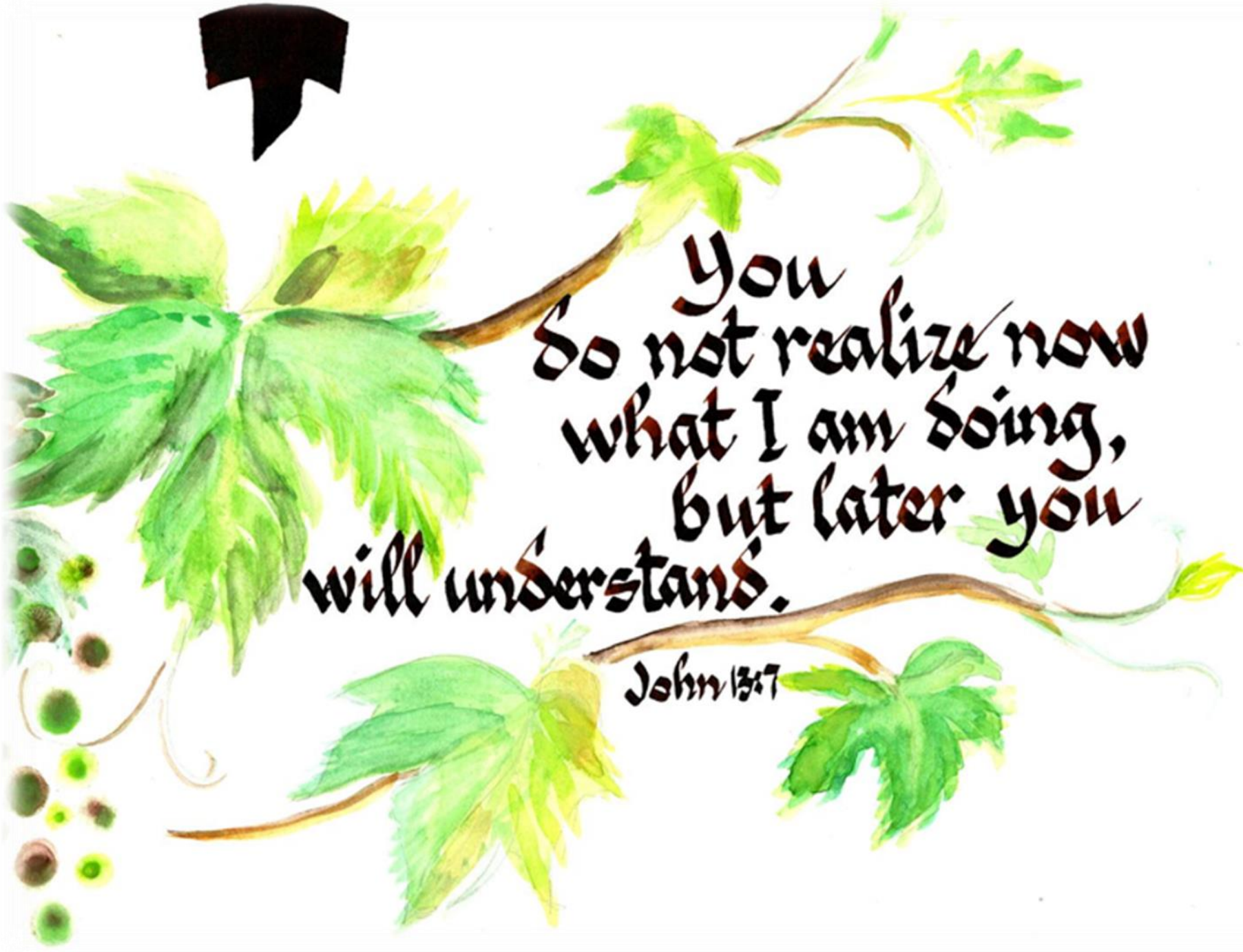
For a PDF copy of this Transitus presentation

On our website www.slr-ofs.org, go to 'Prayer & Contemplation,' Under 'Transitus'

Or post your email address in the Zoom chat room 😊

Bonus Materials



A watercolor illustration of a vine with several large, green, lobed leaves and a cluster of small green grapes on the left side. The vine branches across the frame, with some leaves showing yellowing edges. The background is white.

You
do not realize now
what I am doing,
but later you
will understand.

John 13:7



St. Francis' Almond Cookies

Shared by Fr. Franklin Fong, OFM



Ingredients:


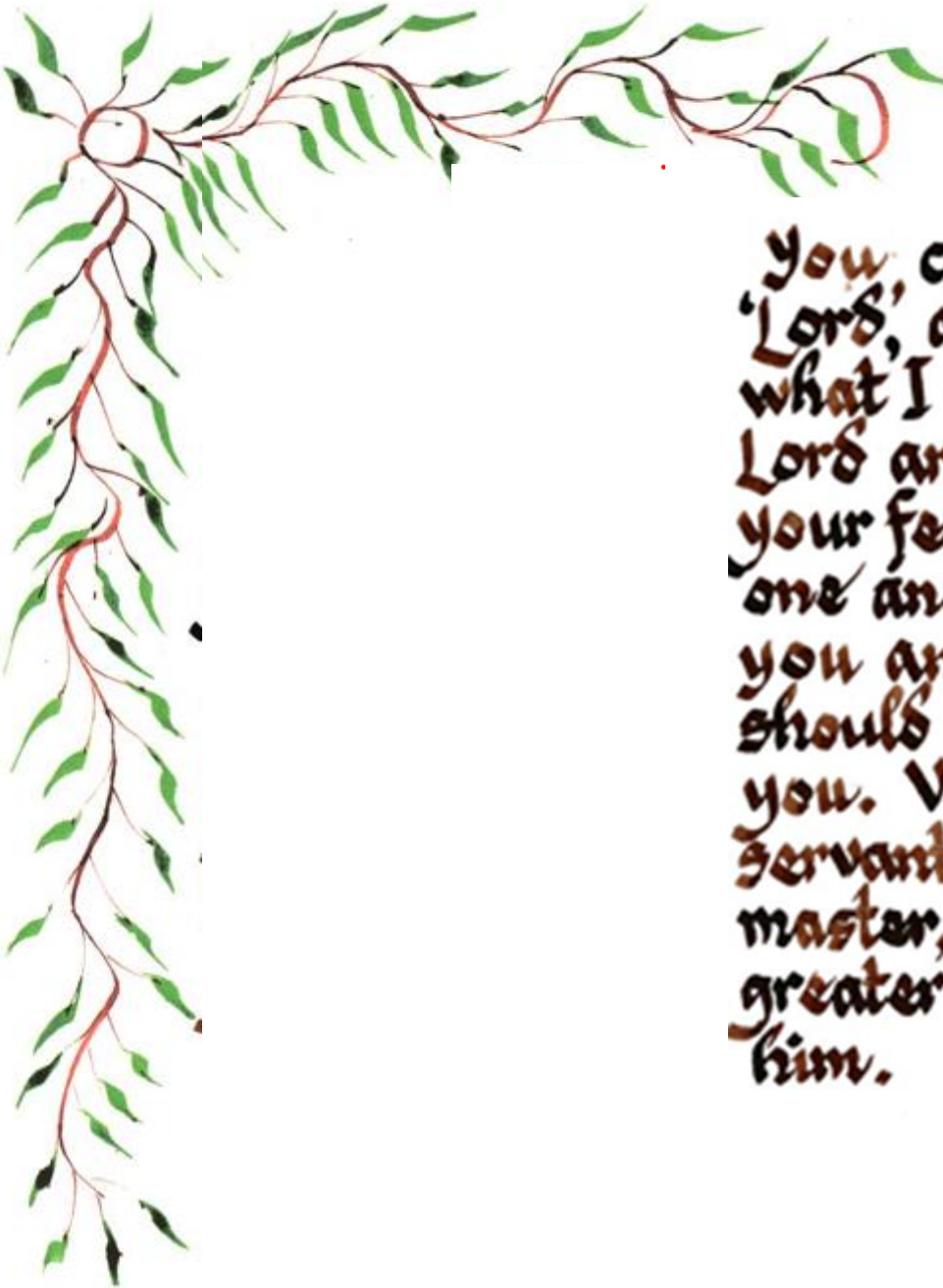
- 1 3/4 Cups whole almonds
- 1 cup sugar
- 2 Tablespoons Flour
- 1/8 teaspoon salt
- 4 large egg whites
- 1 teaspoon almond extract
- 1/4 Cup sliced almonds

Method:

1. Toast whole almonds in 300° oven 5 minutes.
2. Cool.
3. Place in food processor with sugar, flour, and salt.
4. Process until finely ground.
5. Add and process egg whites and extract.
6. Drop by teaspoonfuls on parchment covered baking sheet 1" apart.
7. Sprinkle with sliced almonds.
8. Bake at 300° for 25 minutes.

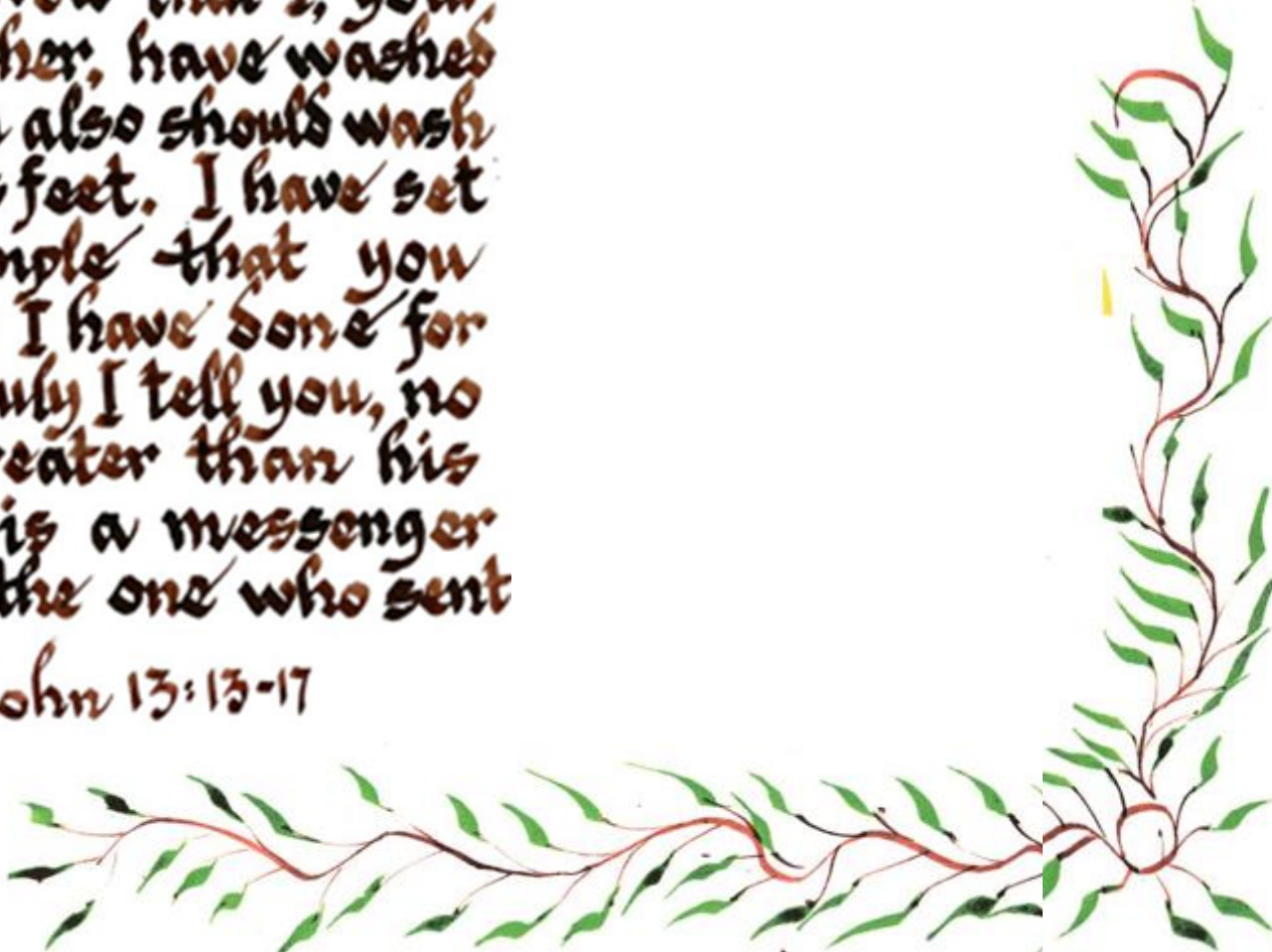
Yield: 4 dozen cookies





you call me 'Teacher' and
'Lord', and rightly so, for that is
what I am. Now that I, your
Lord and Teacher, have washed
your feet, you also should wash
one another's feet. I have set
you an example that you
should do as I have done for
you. Very truly I tell you, no
servant is greater than his
master, nor is a messenger
greater than the one who sent
him.

John 13:13-17





I am with you always,
until the end of the age.
Matthew 28:20

Ffoug. ofm
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