

Prayers of Intercession

R/ Lord, hear our prayer

For all who live in situations of hopelessness and unending violence, we pray:

For leaders of Church, state and family and for all who bear special responsibility for others, we pray:

For all seekers of truth, that they may grow in knowledge and wisdom, we pray:

For the sick among us, that they may know profound healing in both body and spirit, and for all those who care for them, we pray:

All: Our Father ...

Closing

Let us bless the Lord, the living and true God.

Let us always give back to God praise, glory, honor, blessing and every good. Amen. Amen.

R / So be it. So be it.

Blessing / Dismissal

**A Little Office
of
St. Francis**

Supplement to the Liturgy of the Hours



San Luis Rey Fraternity

God, come to my assistance

- Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit

- as it was in the beginning, is now, and will
be forever. Amen.

Praises to Be Said at All the Hours

Side 1: Holy, Holy, Holy Lord, God Almighty,
You who are, who were and who are to
come:

Let us praise and exalt God above all
forever!

Side 2: You are worthy, O Lord our God,
To receive praise and glory, honor and
blessing:

Let us praise and exalt God above all
forever!

Side 1: Worthy is the slain Lamb to receive Power
and divinity
And wisdom and strength, honor glory and
blessing:

Let us praise and exalt God above all
forever!

Side 2: Let us bless the Father and the Son and the
Holy Spirit:

Let us praise and exalt God above all
forever!

Side 1: All you works of the Lord, bless the Lord:
Let us praise and exalt God above all
forever!

Reading

*From The Exhortation of Saint Francis to the Brothers and Sisters
in Penance*

All who love the Lord with their whole heart, with their
whole soul and mind, with all their strength, and love their
neighbors as themselves and hate their bodies with their
vices and sins, and receive the Body and Blood of our Lord
Jesus Christ, and produce worthy fruits of penance.

Oh, how happy and blessed are these men and women
when they do these things and persevere in doing them, be-
cause "the spirit of the Lord will rest upon them" and he
will make "his home and dwelling among them", and they
are the sons of the heavenly Father, whose works they do,
and they are the spouses, brothers, and mothers of our
Lord Jesus Christ.

We are spouses, when by the Holy Spirit the faithful soul is
united with our Lord Jesus Christ; we are brothers to him
when we fulfill "the will of the Father who is in heaven".

We are mothers, when we carry him in our heart and body
through divine love and a pure and sincere conscience; we
give birth to him through a holy life which must give life to
others by example.

Oh, how glorious it is to have a great and holy Father in
heaven! Oh, how glorious it is to have such a beautiful and
admirable Spouse, the Holy Paraclete.

Oh, how glorious it is to have such a Brother and such a
Son, loved, beloved, humble, peaceful, sweet, lovable, and
desirable above all!

Side 2: Cast off the weight of sin
and take up the Lord's holy cross;
and follow the Lord's most holy commands
to the very end.

Side 1: Let the whole earth delight before the Lord's
face; say among nations:
The Lord has reigned from the wood of a
cross.

Side 2: Glory to the Father, and to the Son, and to
the Holy Spirit;

Side 1: as it was in the beginning, is now, and will be
forever. Amen.

Antiphon

Side 1: Holy Virgin Mary,
There is no one like you born in the
world among women,
Daughter and Handmaid of the most
high, sovereign King, the heavenly
Father, Mother of our most holy Lord

Side 2: Pray for us
with St. Michael the archangel
and with all the powers of the heavens
and with all the saints
together with your most holy beloved Son,
Lord and Teacher.
Jesus Christ, Spouse of the Holy Spirit.

Side 2: Give praise to our God, all you God's
servants
And you who fear God, the small and the
great:
Let us praise and exalt God above all
forever!

Side 1: Let heaven and earth praise the glorious
One:
Let us praise and exalt God above all
forever!

Side 2: And every creature in heaven and on the
earth
And under the earth,
And the sea and everything in it:
Let us praise and exalt God above all
forever!

Side 1: Glory to the Father and to the Son and to
the Holy Spirit:
Let us praise and exalt God above all
forever!

Side 2: As it was in the beginning, is now, and will
be forever. Amen.
Let us praise and exalt God above all
forever!

Side 1: Glory to the Father and to the Son and
to the Holy Spirit:
Let us praise and exalt God above all
forever!

Side 2: As it was in the beginning, is now, and
will be forever. Amen.

Prayer

All: Almighty, most holy
most high and supreme God,
all good,
supreme good,
You Who alone are good,
may we give back to You
all praise,
all glory,
all grace,
all honor,
all blessing,
and all good.
So be it.
So be it.
Amen.

Antiphon

Side 1: Holy Virgin Mary,
There is no one like you born in the
world among women,
Daughter and Handmaid of the most
high, sovereign King, the heavenly
Father, Mother of our most holy Lord
Jesus Christ, Spouse of the Holy Spirit.

Side 2: Pray for us
with St. Michael the archangel

and with all the powers of the heavens
and with all the saints
together with your most holy beloved Son,
Lord and Teacher.

Side 1: Glory to the Father and to the Son and to the
Holy Spirit:

Side 2: as it was in the beginning, is now, and will be
forever. Amen.

Psalm

Side 1: Clap your hands, all you peoples;
raise to God a shout of exultation and joy.

Side 2: Because the Lord is the Most High,
the awesome, great King over all the earth.

Side 1: For the most holy Father of heaven,
our King before all ages,
sent the beloved Son from on high,
who planted salvation in the center of the earth.

Side 2: Let heavens rejoice and earth exult,
let the sea and all that is in it roar,
let fields and everything in them sing for joy.

Side 1: Sing a new song to the Lord;
All the earth sing to the Lord!

Side 2: For the Lord is great and worthy of high praise;
worthy of awe above all gods.

Side 1: Bring to the Lord, families of nations,
bring to the Lord glory and honor;
bring to the Lord the glory due his name.