

Love



Attribution:

"The Holy Trinity with Crown" painting by Max Fürst (1846-1917).

St Valentine Kneeling in Supplication ([David Teniers III](#), 1600s) – Valentine kneels to receive a rosary from the [Virgin Mary](#)

The Cord

February, 2022

*Newsletter of the San Luis Rey
Secular Franciscan Fraternity*

*Our Monthly Gatherings are on the
2nd Sundays of the month*

Reception for Fr. Tom Herbst's Mom:

This Saturday, 2/12, at 10am in the parish chapel will be the funeral Mass for Fr. Tom's mom, Ruth Herbst. As a Fraternity, we are assisting with the reception to follow in the Sacred Garden of the Old Mission.

Upcoming Gatherings on Zoom:

• **February 13: Monthly General Gathering**

1:00 – 3:00 pm **only on Zoom**

due to surge of the Omicron Covid Variant
our monthly gathering will be only on zoom

Meet our newly elected Council

Login Link to Zoom: www.zoom.us

Click on: **Join a Meeting**

Meeting ID: **760 726 2486**

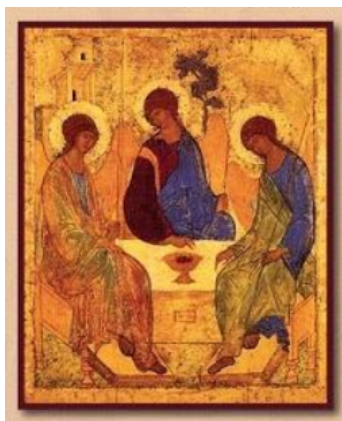
Password: **1798**

• **March 13: Monthly General Gathering**

1:00 – 3:00 pm

Contact Us via our website [Contact Page](#)
San Luis Rey Secular Franciscan Fraternity
Mission San Luis Rey
4050 Mission Avenue
Oceanside, CA 92057

Minister's Note for February



Years ago, I listened to a recording of Fr. Richard Rohr presenting the Trinity as a 'Divine Dance' ([*The Divine Dance of the Trinity: Exploring the Mystery of the Trinity*](#)). There was something alluring about thinking of the Trinity as *movement*. Symbols of the Holy Spirit come to mind with movement and transformation – water, wind, fire. When I think of dancers, I think of collaboration, of flow, of such an innate level of communication that their movements come together as one – they are one dance. The dancers are *transformed* by the Dance. They become One. One flow. One experience. With all the movements, swirls, and twirls, I'm sure our resident dance experts, Jan and Rock DeSpain, would be able to elaborate even more about what it means to *dance*.

This month we consider the Trinity as a community of Love. Marta Kassai will be looking at St. Bonaventure and the Trinity, while Sam DeSantis will be considering the 'Canticle of the Creatures.' What is the Canticle, if not a love song? Corinne Helena will be writing about Richard Rohr and his understanding to the Trinity as a *relationship* of love.

Sometimes the next steps of the Divine Dance are totally unexpected. I was particularly moved by an unexpected phone call the other night from a fellow Secular; I woke the next morning with their words flowing through my mind. Our conversation was such a *gift*. This Secular Franciscan is a beautiful example of *living* a vocation of love. They are the primary caregiver for an incapacitated elderly friend who had experienced a tragic accident. With all the caregiving responsibilities, they have very little time to spare to join us at Gatherings, and without a computer, can't join us on Zoom. But wow... how well they've stayed connected to us through the Cord! They've remained a loving part of this community despite such a scarcity of time and limitations of the pandemic.

This person also remained lovingly committed to their Secular Franciscan vocation. A while ago they were approached and invited to leave the Secular Franciscan Order. Even when encouraged to leave, they wished the other person well, but was clear that they didn't want to leave to join a new organization relying on an abrogated Rule. They remained steadfast in their Franciscan vocation. Steadfast in love. Steadfast in their love of Christ in the footprints of St. Francis of Assisi. I heard this love and dedication in their voice. I could hear the love in the dedication to their commitment to their Faith. What an incredible witness! I hope one day this incredible person will be able to join us in person and in community - because we are all part of this big, beautiful, *Divine Dance*.

I have been privileged to have been a part of so *many* such conversations. Conversations with our very honored elders (do you know we have a LOT of members over 90 !?!?) to our newest Candidates. I hear in so many voices the commitment to love – and to be part of Love, to be a part of this messy and beautiful community. *To be a part of the Divine Dance.*



Pace e bene –

Laura Chun, OFS
Minister, San Luis Rey Fraternity



St. Valentine - Feast Day February 14

Saint Valentine, officially known as Saint Valentine of Rome, is a third century Roman saint widely celebrated on February 14 and commonly associated with "courtly love"



Although not much of St. Valentine's life is reliably known, and whether or not the stories involve two different saints by the same name is also not officially decided, it is highly agreed that St Valentine was martyred and then buried on the Via Flaminia to the north of Rome.

In 1969, the Roman Catholic Church removed St. Valentine from the General Roman Calendar, because so little is known about him. However the church still recognizes him as a saint, listing him in the February 14 spot of Roman Martyrology.

The legends attributed to the mysterious saint are as inconsistent as the actual identification of the man.

One common story about St Valentine is that at one point in his life, as the former Bishop of Terni, Narnia, and Amelia, he was on house arrest with Judge Asterius. While discussing religion and faith with the Judge, Valentine pledged the validity of Jesus. The judge immediately put Valentine and his faith to the test. St Valentine was presented with the judge's blind daughter and told to restore her sight. If he succeeded, the judge vowed to do anything for Valentine. Placing his hands onto her eyes, Valentine restored the child's sight.

Judge Austerius was humbled and obeyed Valentine's requests. Austerius broke all the idols around his house, fasted for three days and became baptized, along with his family and entire 44 member household. The now faithful judge then freed all of his Christian inmates.

St. Valentine was a Roman priest and later arrested again for continuing to try to convert people to Christianity. St. Valentine was imprisoned for marrying Christian couples and aiding Christians being persecuted by Claudius in Rome. Both acts were considered serious crimes. A relationship between the saint and emperor began to grow, until Valentine attempted to convince Claudius of Christianity. Claudius became enraged and sentenced Valentine to death, commanding him to renounce his faith or be beaten with clubs and beheaded.

St Valentine refused to renounce his faith and Christianity and was executed outside the Flaminian Gate on February 14, 269, or, as in other tales, 270, 273, or 280. Other depictions of St Valentine's arrests tell that he secretly married couples so husbands wouldn't have to go to war. Another variation of the legend of St Valentine says he refused to sacrifice to pagan gods, was imprisoned, and while imprisoned, he healed the jailer's blind daughter. On the day of his execution, he left the girl a note signed "Your Valentine"

The romantic nature of Valentine's Day may have derived during the Middle Ages. Although the exact origin of the holiday is not widely agreed upon, it is widely recognized as a day for love, devotion, and romance.

Whoever he was, Valentine did really exist, because archeologists have unearthed a Roman catacomb and an ancient church dedicated to St Valentine. In 496 AD, Pope Gelasius marked February 14th as a celebration in honor of his martyrdom. Relics of St. Valentine can be found all over the world in Rome, in Dublin, Ireland, Poland, France, Vienna, Malta, and Glasgow, Scotland.

St. Valentine is the Patron Saint of affianced couples, bee keepers, engaged couples, epilepsy, fainting, greetings, happy marriages, love, lovers, plague, travelers, and young people. He is represented in pictures with birds and roses and his feast day is February 14th.



Catholic Online [catholic.org](https://www.catholic.org)

Sam DeSantis, OFS
Vice Minister of San Luis Rey Fraternity

The Trinity as a Model for Relationships

I may have had a momentary lapse in sanity when I volunteered to write a short piece on the Holy Trinity! Scholarly theologians have written entire books on the subject, touching on many different aspects of Trinitarian love. I'm using Richard Rohr, OFM's Daily Meditations for the week of January 9th as a basis.

Fr. Richard Rohr said that the philosopher, theologian, and mystic St. Bonaventure (c. 1217–1274) described the Trinity as “a 'fountain fullness' of overflowing love.” I have said for years that the Holy Spirit is dynamic, not static. It seems this can be applied to the Trinity also. Rohr goes on to say that the Trinity is a never-ending outpouring and never-ending infilling which “can only be experienced as a flow, as a community, as a relationship, as an inherent connection.”

One statement that stopped me in my tracks was: “When we try to understand Jesus outside the dynamism of the Trinity, we do not do him or ourselves any favors. Jesus never operated as an independent “I” but only as a “thou” in relationship to his Father and the Holy Spirit.” In our age of rugged individualism, it may be difficult to absorb the relational nature of Trinity as it can be experienced in a fraternal community. I would suggest that we as a Community can challenge ourselves to mirror the dynamism of the Trinity in our infilling and out pouring of love for one another. I realize that this is easier said than done at times, hence our opportunity for ongoing transformation.



Rohr goes on to say “The Trinity reveals God more as a *verb* than a *noun*, but we rarely speak about God that way...” To me, saying that God is a verb again refers to the dynamism of God. Our often-

dualistic minds can really find this challenging. “Recognizing the Trinity as relationship itself opens conversations with the world of science. This surprising insight names everything correctly at the core—from atoms, to ecosystems, to galaxies.” It seems to me that St Francis had this all figured out a long time ago when he spoke of Brother Sun and Sister Moon and all Creation.



Corinne Helena, OFS

Adapted from Richard Rohr, *Immortal Diamond: The Search for Our True Self* (San Francisco: Jossey-Bass, 2013)

Adapted from Richard Rohr, *Trinity: The Soul of Creation*, sessions 1 and 4 (Albuquerque, NM: Center for Action and Contemplation, 2017), [MP4 download](#).

Heidi Russell, *The Source of All Love: Catholicity and the Trinity* (Maryknoll, NY: Orbis Books, 2017)

Holy Trinity One God



When I visited the Catacombs in Rome 30 years ago or so, I was awestruck with the life size statue of St. Cecilia laying in her tomb in the position she died. She miraculously survived her execution in ~230 AD, and died three days later in the arms of her friends. Her remains were later transferred to the Church of Santa Cecilia, Rome. In 1599 when the Church was renovated they opened her tomb. Her body was found still incorrupt, seemingly to be asleep. St. Cecilia extends three fingers of her right hand and one with her left hand, testifying to the Trinity: 3 persons in 1 God. The sculptor attested that this was how the saint's body looked when her tomb was opened in 1599.

The last "word" in hand gestures from a dying saint reveals her faith in the God for whom she gave her life: Father, Son and Holy Spirit One God. Christians of the third century clearly understood what Holy Trinity One God meant: that there are 3 persons in 1 God. Yet today we're gabbling with the concept of the Trinity, the nature of God in three persons. How come the early Christians had no problem understanding this and thousands of them were even willing to die for this God?

We are created in the image of God. If so, we too must have a trinitarian nature. Perhaps we should discover our trinitarian nature to better grasp the Trinity of God. Moses tells the people "you shall love the Lord your God with all your heart, and with all your soul, and with all your strength", *Deuteronomy 6:5*. And in the New Testament we read "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength", *Mark 11:33 and Luke 10:27*. Why is it important to list, heart, mind and strength in addition to soul? Why not just say you must love your God with all your soul, or all your being? Perhaps this spells out our trinitarian nature. It's not enough to love God with just our mind, we also have to love him in our heart, and even with our physical strength that is in our body. In other words we must love Him with our soul, our whole being.

The motto or commend of the ancient Persian Zarathustrian religion (the faith of the Magi) was and still is: "Good thought, Good word, Good deed". Zarathustra, who lived six centuries before Christ, introduced monotheism (concept of one God whom he called Ahura Mazda or Wise Lord). Indeed our thoughts, words and deeds have to be in accord otherwise we risk being hypocrites. Yet we often fail as our words don't tell what we think, and our actions don't always show what we preach. Christ called the Pharisees hypocrites and told people to "practice and observe whatever they tell you, but not what they do", *Matthew 23:3*. We well know that our body does not always obey our will, and we often fall short of our New Year's resolution by end of January. It seems as if we have 3 persons in us that don't always agree with each other. Our mind tells us what is reasonable, but our heart marches to the beat of a different drummer. How often are we told "follow your heart", "use your head", and "control your body/urges". We tell ourselves "mind over matter" when our body does not want to obey our will. Our head tells us what would be the logical thing to do while our heart is concerned about what is right, and our body can overrule both. Yet we are one being with three independent entities to guide us. God's thoughts, words and actions are always in perfect unison. The Father, the Son and the Holy Spirit speak and act in accord. *John 5:19, 12:49-50, 14:10, 26, 15:26, and 16:13*.



Now that we see our own trinitarian nature, maybe we're a bit closer to grasp what 3 persons in one God means. We can turn to St. Bonaventure's meditation on the Trinity in *The Soul's Journey into God*. St. Bonaventure saw the Trinity in all of creation. The immense Power or Energy he observes in nature, like the eruption of a Volcano, the power of a Tsunami or an Earthquake, he associates with the first person of the Trinity, the Father who is omnipotent.

There is order, patterns and rhythms in Nature, such as change of seasons that follow a rhythm. This is a sign of Wisdom Bonaventure associates with the second person of the Trinity, the Son. In the midst of the forest, the trees, bushes and small creatures provide the appropriate food to animals

living there. The trees are getting sufficient water to grow from the rain and the melting snow. The plants are given their nutrients from the soil, in turn they synthesize oxygen for animals and humans to live. This care of creation is a sign of the presence of Wisdom in creation; the footprint of the Son.



Gian Lorenzo Bernini, Dove of the Holy Spirit Saint Peter's Basilica, Vatican City, ca. 1660

Besides Power or Energy, and Patterns or Order associated with Wisdom, there is a third element in the Universe, and that is Goodness. Goodness can be anything from taste, geez this tastes good, to a sense of rightness - this good piece of wood is right for the job. Good progresses to better and best to reach perfection. This excellence or perfection in things is associated with Beauty. Things are not just powerful and orderly in the world but they are also beautiful. The element of Goodness is associated with the Beauty we see. For Bonaventure this is the footprint of the Holy Spirit in the universe. A beautiful view moves us. We respond to this beauty in nature. It's not a matter of our perception. The beauty is already there. God has planted it there. We draw it out into ourselves. We acknowledge its beauty.

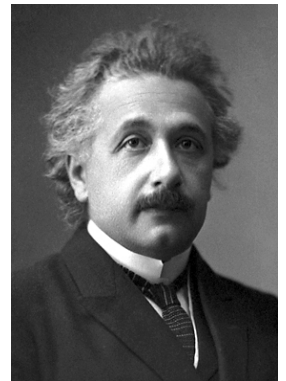
Trinitarian structure within reality: Power, Wisdom and Goodness; Energy, Order and Beauty. From Bonaventure's point of view, as a man of faith, this is not an observation of nature but a meditation on Nature. If we were

really paying attention to the world we live in, we would see these patterns, these processes in the natural world. We're not adding them. They are waiting for us to discover, then we will be enlightened within.

Everyone knows Albert Einstein's most famous equation for the universe:

$$E = mc^2$$

Where **Energy** (E) equals **Mass** (m) times **Speed of Light** (c^2) squared. Energy is invisible. The speed of light is invisible, but it's like an incredibly fast wind, and mass is the material we see. The speed of light is about 300 million meters per second. Square that! It's 90,000,000,000,000,000 m/sec. There is a trinity in this equation. Energy (Father) incarnates and takes material form, a Body (Son), and the Wind (Spirit) that transforms, communicates, if you wish, from one to the other.



I'd like to thank Bro. Bill Short, OFM for the insights I obtained on St. Bonaventure's meditation on the Trinity.

*Written by Dr. Marta Kassai, OFS,
Councilor*

Resource:

Brother William Short, OFM., S.T.D., Franciscan School of Theology,
"Saint Bonaventure, The Soul's Journey into God". Book available on Audible

My Journey to becoming a Franciscan



My journey to becoming a Franciscan began in fourth grade in Wickford, RI, when Sister Veronica read us a biography of St Therese. There's nothing quite like love at first sight and the Little Flower became my patron saint. I also remember, perhaps in seventh grade, being told that St Francis was the most Christ-like person who had ever lived. That made an impression, too.

Fast forward to high school when we moved to California in 1963. My parents had planned to send me to public high school, but when we found out that the local Catholic girls' school was called the Academy of the Little Flower, it was a done deal! My devotion to Therese had not waned. Off I went to the Academy and my parents decided we would settle in Vista rather than Escondido to be close to the school. My parish was St Francis of Assisi.

At the Academy I met the Franciscan Friars. They taught our religion classes and gave our retreats. I especially appreciated that they seemed to have wonderful senses of humor -- Nothing like Franciscan joy! By the time I graduated, the school had changed its name to San Luis Rey Academy.

Fast forward again to USD, marriage, children, graduate school, and a decision to move back to Vista and to St Francis Church. It was 1988. As part of the requirements to be a licensed therapist (3000 hours of supervised therapy), I had to find a placement for doing intern hours. Through the grace of God and the inspiration of the Holy Spirit, St Francis Church took me on as a Counselor on staff. My office was upstairs across the hall from a Poor Clare sister named Sr Madeline! God has a sense of humor.

During the nine years I was on staff at St Francis, Sr Madeline invited me more than once to come visit the Third Order she was involved with. I politely declined as I was discerning a vocation to the Carmelite cloister. While I was in the cloister someone donated a statue of St Francis to the Monastery and I asked permission to have it for my section of the garden. St Francis was close to my heart. That same statue graces my current patio.

The time in the silence and solitude of the cloister was a priceless GIFT. It was a time of great healing, too, as I had been working with some clients who had experienced Satanic Ritual Abuse. That is difficult and challenging work and I really believe that I was called to the cloister for a season so that I could be nurtured by Grace and Presence.

Before this turns into a book, let me explain that occasionally I would provide therapy to some friars. As a result, I, at times, would meet with someone who was in a position of authority at the Provincial level. That is how I met my good friend, Fr Tom West, OFM. He was a therapist, too, and eventually he was transferred to the Mission. One day Fr Tom called me and coerced me into attending a meeting of a new ministry at the parish, the Mental Health Ministry. At that meeting I met Connie Collins. At some point, Connie invited me to attend a Fraternity meeting, but I always seemed to be busy. Connie did not give up and finally, one Sunday, I went with her. Guess who was there? Sr. Madeline --who took one look at me and said: This is where you belong! And the rest is history!

Corinne Helena, OFS, Treasurer

My Journey to Love



I was the first woman who received her Ph.D. in the Chemistry Department of the University of California, Berkeley. Others gave up after a year or two. Either the male environment was too hostile for them, or they got married and life got too busy. It was a real struggle for me to get my degree in that environment. Professors believed I'm wasting their time and money because I will quit like all the others. But my passion for Chemistry and the goal to work in the medical field was stronger. I conquered at the end. The minds of the old professors changed, and I opened the door for other women to get their Ph.D in Chemistry at UC Berkeley.

Financially, it's not worth it to get a Ph.D. Just check how many rich people there are with Ph.D.'s. It's for the love of science one goes through all the sacrifices, putting everything on hold to be able to do real science and help humanity to conquer diseases, explore the universe, and hopefully solve our pollution issue by inventing a much better source of energy than oil, solar and wind mills.

I'm a refugee from Communist Hungary, and don't have any family locally. I married to my work and the church since my early 30's. I got my Ph.D. at age 30. After recovering from a life changing ski accident at age 31, I got more seriously involved in church. I was Confirmed at age 35 on Pentecost by the Bishop of Wilmington, Delaware. That started my ministry in the Church. First as lector, then I started a young adult group in the Diocese. My Pastor nominated me for the Parish Council to represent the young adults of our church. I took courses at Loyola's Institute for Ministry Extension Program, thinking maybe the Lord is calling me to Ministry.

I had a big conversion experience on 2/11/1989 that changed my life. God showed me His Love, and gently told me "You haven't loved". This started my journey to Love. I participated in many retreats that deepened my faith. At one point, I heard a voice telling me "You are not of this world". After 8 repeats of that at various occasions, I asked my pastor what this could mean. He referred me to the Vocation Director of the Diocese who sent me to religious communities; some apostolic and some contemplative ones to see which I'm drawn to more. After spending a significant amount of time with both type of communities, I could not choose. I wanted to be both Apostolic and Contemplative.

I talked about this with our new Spiritual Director of our young adult group who happened to be a Franciscan, Fr. Vincent Fortunato, OFM Cap. After telling him about my search for a deeper spiritual and more permanent community than my parish, he asked if I ever considered the Secular Franciscans? I had no idea there were third orders in the church. He got me in contact with the local Minister of the San Damiano Fraternity, Justin who happened to be the Speech Writer of the President of DuPont where I worked. We talked for an hour on the phone. I liked what I heard. He invited me to Mass at the Capuchin's Chapel next Saturday morning as many of the Seculars will be there. I liked everything I learned about the Secular Franciscan Order. Their community spirit was wonderful. We shared, we laughed and loved one another. I was even more astonished that there wasn't anything I didn't like. When Father Vinny heard this, he said this is for you. In his experience, and he was the formation director of the friars, if someone didn't like something, it would only grow with time, and eventually become an obstacle. He was right. I'm still a Franciscan 30 years later.

Love,
Marta

Dr. Marta Kassai, OFS, Councilor

Things We Can Do Now to Save the Environment

Our Franciscan hearts see that God expresses His love for us in the beauty of His creation. We are inspired by the sights and sounds of nature, its peace, and the joy we feel when it encircles us.

Let's look at some things we can do to help this beautiful world flourish, and ourselves in it.

1. EAT LESS MEAT

Eating a diet loaded with meat is not good for our health, as it's been linked to greater incidence of cancer and heart disease. So, we know from personal experience that our diet has an impact on our health.



For the health of the environment, our food choices matter. Eating a diet based on plant protein makes a big difference in reducing greenhouse gases, and getting more and better-for-you food in the process.

For example, it takes approximately 149 million acres of farmland to grow grain for cattle. If we used that grain for people, we could feed another 800 million souls every year!

The "Planetary Health Diet" (EAT-Lancet Commission (2019))

2. BRING YOUR OWN BAG



Before going out on your next shopping trip, make sure you've got some re-useable shopping bags with you. Plastic bags are a big threat to marine life, are seldom recycled and take from 15 to 1000 years to decompose.

*Karron Esmonde OFS,
JPIC Animator*

Franciscan Rite of Extraction at Epiphany

<u>Saint for 2022</u>	<u>Feast Days</u>
St. Angela of Foligno	Jan 04
St. Francis Solano	Jan 13
St. Marianne Cope	Jan 23
<u>St. Angela Merici</u>	<u>Jan 27</u>
St. Joan of Valois	Feb 04
Blessed Jacopa of Settesoli	Feb 08
St. Margaret of Cortona	Feb 22
<u>St. Isabel of France</u>	<u>Feb 23</u>
Blessed Angela Salawa	Mar 12
Blessed Dulce Pontes	Mar 13
<u>Servant of God Thea Bowman</u>	<u>Mar 30</u>
St. Mary Crescentia	Apr 05
St. Zita	Apr 27
<u>Blessed Luchesio and Buonadonna</u>	<u>Apr 28</u>
St. Jutta	May 05
Blessed Anna Rose Gattorno	May 07
Blessed Franz Jagerstatter	May 21
<u>Venerable Maria Jesus of Agreda</u>	<u>May 24</u>
Blessed Humiliana of Cerchi	Jun 07
Ven. Matt Talbot	Jun 07
Blessed Michelona of Pesaro	Jun 20
St. Thomas More	Jun 22
<u>Mother Mary Frances Bachman</u>	<u>Jun 30</u>
St. Elizabeth of Portugal	Jul 08
<u>Blessed Louisa of Savoy</u>	<u>Jul 24</u>
<u>Blessed Maria Del Transito Cabanillas</u>	<u>Aug 25</u>
St. Rose of Viterbo	Sep 04
<u>Fr. Mychal Judge</u>	<u>Sep 11</u>
Blessed Angela Truszkowska	Oct 10
St. John XXIII	Oct 11
<u>St. Restituta Kafka</u>	<u>Oct 29</u>
St. Elizabeth of Hungary	Nov 19
Venerable Margaret Sinclair	Nov 24
<u>Blessed Frances Schervier</u>	<u>Dec 18</u>



Corinne Helena, OFS
Treasurer



Pam Pert, OFS
Councilor

News from the Fraternity Council

February Gathering will be ZOOM Only; No In-person Gathering

With an abundance of caution, on February 13th from 1pm-3pm we will move back to Zoom. Thinking that *'Discretion is the better part of valor,'* the Council has decided to hold our February gathering back online. As a Fraternity, we've been agile, resilient, and safe and want to lean into that as we each manage our own cumulative Omicron risk. We anticipate we

'll be back in person at the Old Mission in February. Our Zoom link remains the same as always:

<https://us02web.zoom.us/j/7607262486?pwd=dmRBNVU5WFUxMTdzaUxGcy9ibGtwdz09>

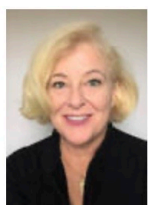
From our Treasurer



You can mail your OFS fraternity contributions to:
Corinne Helena, OFS
1408 Turnstone Way
Oceanside, CA 92057



The San Luis Rey Fraternity Council



Laura Chun, OFS
Minister



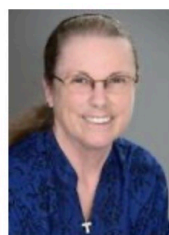
Sam DeSantis, OFS
Vice-Minister & Formator



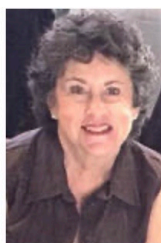
Jan DeSpain, OFS
Formation Director



Sr. Madeline Fitzgerald, OSC
Spiritual Assistant



Connie Collins, OFS
Secretary



Corinne Helena, OFS
Treasurer



Pam Pert, OFS
Councilor



Marta Kassai, OFS
Councilor & Newsletter Editor



Ritual of the Secular Franciscan Order

Think of the 'Ritual' as our communal prayer book. It would be ideal of us each to have our own. These are available on [Amazon](https://www.amazon.com) new for \$15 or even used at a significant discount. If you would like to purchase a Ritual but aren't comfortable with online shopping, just let Laura know and she'll place the order for you.

Mission San Luis Rey Online Auction

Come Experience the Mission Like Never Before

The Mission online auction goes live February 1st, and will be open until February, 14, 2021 at midnight. The auction items are designed to deliver unique experiences and exclusive access to some of the hidden gems at the Mission. We're so excited to offer these items up for bid in the auction: <https://www.sanluisrey.org/auctions>



*Setting hearts on fire with
love of God for the world!*

Called & Gifted Discernment Process - Begins Thursday, February 24, 2022

God is calling you to fulfill your unique purpose in life! Discover God's call on your life by identifying your spiritual gifts. One of the tenets of Ignatian spirituality is discernment. Through discernment, we have the opportunity to encounter God personally through the interior movements of our emotions and desires. The Called and Gifted Workshop relies on the process of discernment to identify one's spiritual gifts. Participants will have the opportunity to gain greater self-awareness and a deepening desire to discover God's unique call for their lives. The program is open to all. **Register today:**

<https://www.loyolainstitute.org/called-and-gifted>

Prayers Requested:



For **Mary Haynes, OFS**, who passed away 12/12/21 at the age of 92.

*Eternal rest grant unto Mary, O Lord,
and may perpetual light shine upon her.
May her soul, and the souls of
all the faithful departed,
through the mercy of God,
Rest in peace.*

Gina MartinotQuinn, Candidate, is asking for prayers for her family - 4 of her adult children have COVID, and her husband Evan. Please pray for their protection and restored health and the health of her daughter Giselle's baby.

Linda Ochwat, OFS requesting prayers; she was in the E.R. an afternoon with some intense abdominal pain. She was released with a course of antibiotics and a prescription for rest. Let us keep her lovingly in prayer.



To join by Computer, Laptop, Tablet, SmartPhone App:

- Click or Go to this [link](#) (full link is below):
- If prompted use: Meeting ID: 760 726 2486
- Then use Password: 1798

To join by landline or audio-only Phone (no video):

- Dial this number (it's in San Jose): 1-669-900-6833
- Meeting ID: 760 726 2486
- Then use Password: 1798

Zoom link: <https://us02web.zoom.us/j/7607262486?pwd=dmRBNVU5WFUxMTdzaUxGcy9ibGtwdz09>



Let us Pray for our brothers and sisters, especially: :



❖ For those who died in the month of February ~~~✝

- | | |
|---------------------|------------------------------|
| • February 2, 1996 | Gertrude Weaver, OFS |
| • February 9, 2007 | Charles Dotson, OFS |
| • February 21, 1996 | Florence Collins, OFS |

❖ For those who were professed in the month of December

- | | |
|---------------------|----------------------------|
| • February 10, 2002 | Edna Patterson, OFS |
| • February 14, 1965 | Carol Imhoff, OFS |

❖ For Mary Haynes, OFS who passed away December 12. Eternal Rest Grant unto Mary, O Lord and may perpetual light shine upon her.

❖ For Edna Patterson, OFS who passed away November 18. May she rest in peace, and for Diane Marie Kvarnlov Lovejoy, sister of Jan DeSpain, OFS, who passed away November 27. Eternal Rest Grant unto them, O Lord and may perpetual light shine upon them.

❖ Linda Ochwat, OFS our fraternity member, that she soon find satisfactory housing and regain her physical health.

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From the Editor: Thank you all for your contributions to this month issue of The Cord. Due to change in our monthly general gathering date to second Sundays, please submit your articles, reports or adds by the **25th of the month** to publish in next month issue. Send your Word or Pages files (font Arial 12 pt, if possible) and any photos (jpg or png) via email to: mksfo@me.com. Thanks, Marta

Happy St. Valentine's Day!

Dr. Marta M. Kassai, OFS

