Epiphany



Baptism of Christ



Attribution: Adoration of the Magi by <u>Bartolomé Esteban</u> <u>Murillo</u>, 17th century. Verrocchio, Leonardo da Vinci - Battesimo di Cristo

The Cord

January, 2022

Newsletter of the San Luis Rey Secular Franciscan Fraternity

Our Monthly Gatherings are on the

2nd Sundays of the month

In-Person:

• January 4: Funeral of Mary Haynes, OFS 11:00 am St. Thomas More Catholic Church 1450 S Melrose Drive, Oceanside, CA

Upcoming Gatherings on Zoom:

• January 9: Monthly General Gathering

<u>1:00 – 3:00 pm</u> only on Zoom

due to surge of the Omicron Covid Variant our monthly gathering will be only on zoom

Meet our newly elected Council

Login Link to Zoom: www.zoom.us

Click on: Join a Meeting Meeting ID: **760 726 2486** Password: **1798**

• February 13: Monthly General Gathering

1:00 – 3:00 pm

Contact Us via our website <u>Contact Page</u> San Luis Rey Secular Franciscan Fraternity Mission San Luis Rey 4050 Mission Avenue Oceanside, CA 92057

Minister's Note for January

Our theme for January is 'Epiphany - Light & Hope.' Although in a time of darkness, the light is increasing. I feel full of hope. Our past Council has done an amazing job in shepherding us all through the pandemic. MANY, MANY thanks to the outgoing '*Council of the Pandemic'* - Connie Collins, Kelly Farnum, Joe Cannon, Jan DeSpain, Rock DeSpain, Sam DeSantis, Liz Mavis, Sr. Madeline. I can not understate what an incredible faith-filled journey this has been and how much each Council member poured themselves into their roles.

I also am greatly humbled by the work of the Holy Spirit in the selection of our *new* Council. I'm painfully aware that we likely still have many pandemic potholes ahead of us yet, but this new Council has such beautiful optimism going forward! Our new Council is comprised of Sam DeSantis, Jan DeSpain, Connie Collins, Corinne Helena, Pam Pert, and Marta Kassai, myself, and of course, Sr. Madeline Fitzgerald, OSC. Please see our current wonderful Council and Fraternity Support team on our website: <u>http://www.slr-ofs.org/our-council.html</u> and, as always, keep us in your prayers.

Inside this Cord you will find a reflection from each of our new Council members so you will be able to get to know each a bit better. Perhaps something about their story, their history, or their Franciscan journey. Regardless, we'll be starting our new year and our new Council, on a personal note.



Karron Esmonde will be helping us in our care for our homebound brothers and sisters and inviting us to become a part of this beautiful Ministry to our own. She'll also be asking us to complete emergency contact forms; if one of us begins to miss gatherings, we'll know who to call to check on your well-being.

During our gathering, we'll be participating in the Epiphany Rite of Extraction. This was entirely new to me, so please read the accompanying article to get a feel for what this means. Our Franciscan tradition is so full of spiritual treasures!

This image is 'The Adoration of the Magi' by Giovanni di Paolo in 1460. I love the representation of age and wisdom in this image! The young king, congratulates the elder Joseph. The middle-aged king, doffs his crown with a little salute. The wise old king, is on both *knees* and kissing the feet of baby Jesus. WOW. In this case, with age comes wisdom.

May we all be so blessed!

May God bless us all as we journey into this new year.

Peace & All Good Laura Chun, OFS Minister, San Luis Rey Fraternity



Franciscan Rite of Extraction at Epiphany

I have to admit, this was a new one. Pam Pert suggested we consider participating in the Rite of Extraction at Epiphany. She found it googling 'Franciscan' and 'Epiphany.' I was intrigued.

It turns out that each year, many Friars (as well as Seculars!) celebrate Epiphany Extractions. As you know, we Franciscans hold great reverence for the saints. In some friaries, the Feast of Epiphany is customarily celebrated as a feast for promoting personal holiness. During the para-liturgical ceremony of the Extractions, each friar draws the name of a saint who becomes his patron for the year and a short spiritual exhortation as a focus for spiritual refinement.

The ritual is simple. We'll pray to the Holy Spirit for guidance. We'll each get an opportunity to choose a card randomly. On the card will be the name of a Franciscan saint, a scripture reading (the Council decided to focus on 'Light' and 'Hope' mystery in the life of Jesus or perhaps a particular devotion. Read about your saint in Catholic literature or on the internet. With the help of the Holy Spirit, look for some direction in your life and spirituality from these "living words of God." At a future gathering, we'd love for you to share with the Fraternity the story of your saint. You will also receive on your card the name of a fellow Secular Franciscan for whom you will pray this year. What a gift we can be to each other!

You may be surprised how your Epiphany saint touches your journey of faith. Remember too, that we are all saints. Sinners too, but saints nonetheless. What can others see in us that reflects "the living word of God?" Your Epiphany patron may help you plan your resolutions or just be your companion in prayer, in the New Year. Look at this as just one more gift from God on Epiphany, the Feast of Gifts.

Due to an abundance of caution with Omicron, we'll be holding our January 9th, 2022 gathering virtually. But we'll still conduct this beautiful rite! Pam Pert will randomly select a card for each



Fraternity member and you will receive it in the mail. There will be instructions on the outside of the envelope – and just like a little kid awaiting Christmas, these instructions will read 'Don't open until Epiphany' and on our Zoom gathering at 1pm-3pm on January 9th, we'll all open them together.

Peace!

Come Holy Spirit, fill the hearts of Your faithful and enkindle in them the fire of Your love.

Send forth Your Spirit and they shall be created and You shall renew the face of the earth. AMEN.

Laura Chun, OFS Minister, San Luis Rey Fraternity

References:

Our Lady of the Angels Province of Franciscan Friars Conventual Epiphany traction-and-house-blessings-2018/The Adoration of the Magi Fra

These. Guys. Are. Different. - Laura's Franciscan Journey

When Steve and I came to Mission San Luis Rey when a job transfer brought us here in 1993, I could tell immediately – *these Franciscans were different*. There was something *about* them. There was a flexibility, a spiritual agility that was new to me. I was gifted so much from my twelve years of Dominican education (first grade through high school); but something about the spirituality of these good and holy Franciscan men – *was different*. And so began my Franciscan journey.

Amidst the sacred churn of raising little ones, I attended a Lenten retreat at the Mission San Luis Rey retreat center with Fr. Michel Gagnon, OFM in which **not** the divinity or transcendence of Christ was emphasized, but rather the **humanity** of Jesus. I gazed at the crucifix in an entirely new light; what happened on Calvary was a profound act of utter and unbounding sacrificial **love!** Not long afterward in 1996, I participated in the first online course in Franciscan Spirituality created by Fr. John Abela OFM, of the Franciscan Province of Malta. I was hungry to learn what made Franciscans so, well, *Franciscan.* The course was amazing and was incredible to be connected to so many likeminded seekers with a dedicated and inspired teacher. But I felt a bit overwhelmed with so much data; I couldn't figure out how to even pronounce '*Porciúncula.*' When I shared that I had had taken this course with Fr. Peter Kirwin, OFM, he laughed and asked, 'Well, did you find what the difference is with Franciscans yet?' I had learned a lot... but no, it I just couldn't put a finger on '**it**.'



Years later while on pilgrimage in the Holy Land, I was so moved by a faith experience while praying on Calvary, I felt compelled to utterly re-order my spiritual life. I had found that a MBA had helped me tremendously in being more effective in my corporate life; not long after my encounter on Calvary, I enrolled in a Master's degree in Pastoral Studies at Loyola University. I had no idea what God was calling me to do – but whatever it was, I wanted to be prepared and ready to answer the call.

I took an elective in Franciscan Spirituality at the FST with Br. Bill Short OFM. In this class I was able to finally put into words what I had felt all those years ago and had heard echoing in so many subsequent Franciscan homilies. It was so simple. It was the *primacy* of love. A Franciscan theologian and Doctor of the Church, Duns Scotus, explained it as that God came into the world because God *loved* the world and *also* to save us from our sins. The more dominate theology in the Catholic experience is that of St. Thomas Aquinas (a crafty Dominican) for whom the opposite was emphasized, 'God came into the world to save us from our sins, and God *also* loves us.' That tiny, yet massive, distinction, that ordering, was everything. Love came *first*. The world is graced and animated with God's love. To me, it's THIS that makes Franciscans different.

It is a deeply incarnational spirituality; God is with us through our relationships with each other and creation: Brother Sun, Sister Moon, and all of nature. As Franciscans, we are called to put love first. Through all of time and before time, God was with us in love and would become Incarnate in love.

For God so loved the world that He gave His one and only Son, that everyone who believes in Him shall not perish but have eternal life. (John 3:16)

My Secular Franciscan Journey

Like many of us, when I was introduced to the Secular Franciscan Order, I felt like it was where I belonged.



I believe my journey to OFS began when I was very young. I came from an open-minded Protestant family and was introduced to the Catholic Church by a friend, whose parents later became my godparents. As a 13-year-old aspiring convert, I was fortunate enough to be able to go to boarding school at San Luis Rey Academy to further explore our faith. The OFMs next door at the Mission would come over for daily Mass in the Academy chapel, and during my second year at the Academy I was baptized in that same chapel. I didn't know it at the time, but our own fraternity had been founded by several Academy girls less than 20 years before!

Other possible indications of my Secular Franciscan vocation came later in my choice of career. I had volunteered in many different social services agencies, so when I was considering graduate school, I felt led to become a social worker. I worked for many years in a Native American clinic, several treatment centers

for drug and alcohol addictions, and a shelter for survivors of domestic violence. We really do encounter Christ in the world.

I have always considered San Luis Rey my home parish, regardless of where I live, and one Sunday after Mass I came across Eileen sitting by herself in a booth. She was studying for her class at FST,

but was happy to talk to me, and shared with me about the Secular Franciscans. I was immediately drawn to the way of life, and when Eileen called me a few weeks later to let me know about the upcoming meeting, I made sure I was there. Eileen introduced me to the formation director, and my formal Secular Franciscan journey began.

Connie Collins, OFS Secretary



The Continuing En**light**enment of Jan DeSpain, OFS

Another new beginning in the year 2022... My intention is to en**light**en you a bit on this woman you elected as formation director. Sharing our lives and our stories is so important. That is why our small group time is invaluable in building relationships of understanding , **hope**, and love in our little family.

Since our theme is **light and hope** I will try to share briefly how God has offered a lifetime of changes, challenges and my choices (good and poor), to provide a **light** unto my path.

I grew up in Warroad, Minnesota, six miles from the Canadian border. My family were second generation Swedish immigrants, very stoic, and of the Lutheran faith tradition. After high school graduation I had little **hope** in my future. My dysfunctional parents were at the point of bankruptcy, so at 17 I left to join a family I knew that had relocated to in the Chicago area.

I sought **hope** in marrying at age 19. This family kindly received me and I decided to make a profession of faith in the Catholic Church. I had many reservations about this faith, but I wanted family unity in this new commitment. I had a new mom and dad I dearly loved, but unfortunately the marriage ended in divorce. That never stopped me from loving my new parents and my relationship with them remained strong. They remained a **light** in my life, especially in the untimely deaths of my mother at 41 and my father at 47.

Married again, but **His light** was needed to call me from the emptiness of worldly pursuits. I found **hope** in joining my ex mother-in-law at Mass even though I couldn't receive the Eucharist and really didn't know much about this faith God was again wooing me to.



Ultimately, Rock and I returned to the Church, obtained an annulment, and embraced the **light and hope** offered by profession in the OFS. I'm still learning and trying to live a life of daily conversion. That is why I chose to share my story in this way. I hope it will inspire you to honestly share your stories whatever they are in fellowship with your brothers and sisters in our fraternity. I love that we are all so uniquely different and together we can bring **light and hope** to others.

Thank you for your confidence in electing me as formation director. I guess the Holy Spirit determined "for up to now I have done nothing". I would like to close by sharing my favorite scripture. "<u>Ask</u> and it

will be given to you, <u>seek</u> and you will find, <u>knock</u> and the door will be opened to you." (Mt. 7:7) Once I started to surrender to God's plan, I could see I needed to ask, seek, and knock so those doors could be opened. Thank you to those fraternity sisters and brother who surrendered with a yes to serving on this new council. Thank you in advance to those who will say yes in serving our fraternity in other ways.



Jan DeSpain, OFS Director of Formation

My Spiritual Journey

I am honored to serve this fraternity in the capacity of Councilor for this coming term and humbly ask for your prayers for me and for all on the Council as we begin our work together. I have been deeply touched by the warmth and support that I have formed in our San Luis Rey Fraternity and I look forward to growing more fully in relationship with each of you.



My spiritual journey began several decades ago when God invited me into a relationship with Him as a young adult. I will celebrate the 30th anniversary of my baptism (and all initiating sacraments) this Easter Vigil 2022! My conversion journey as an adult was very meaningful, indeed, life changing, for me. God continues to call me into serving in parish RCIA ministry and walking alongside other adults seeking faith and relationship with our good God.

Gian Lorenzo Bernini, *Dove of the Holy Spirit* (alabaster stained glass, Chair of Saint Peter, Saint Peter's Basilica, Vatican City), ca. 1660

This photograph was taken by **Dnalor_01** and released under the license(s) (CC-BY-SA 3.0), Source: Wikimedia Commons

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The Holy Spirit drew me to the Franciscans several years as I longed for deeper spiritual fulfillment and expression. I found a home within the joy of St. Francis, his love of, and care for, creation, his devotion to the Eucharist and the OFS rule of going from Gospel to life and life to Gospel. My profession on Oct. 6, 2019 was a profound moment of joy! These elements continue to animate my spiritual growth as I live out my vocation as a Secular Franciscan.

I reside in San Clemente with my husband Tim – we recently celebrated our 25th wedding anniversary! We are blessed to love our 21 nieces and nephews living near and far. I continue to work full time, although at a new employer since May of 2021 following 35 years in the insurance industry.

As Pope Francis recently stated in his address to the General Chapter of the OFS: "May your secularity be full of closeness, compassion and tenderness. And may you be men and women of

hope, committed to living it and also to "organizing" it, translating it into real everyday situations, in human relations, in social and political engagement; nurturing hope in tomorrow by alleviating the pain of today." As we continue to make our way through this pandemic-laced world, may our fraternity be a beacon of hope for each other and the greater Christian community.



Pam Pert, OFS Councilor

Corona Virus

In the beginning of 2020 I had been thinking about why the world has been infected with the Corona Virus. After some time, I began to put down my thoughts concerning the <u>reason</u> for it. We have been given some time to pause and acknowledge what is really important in our lives. Normal life has slowed and even stopped, in some cases, for awhile. We have had time to reflect on what really matters.

Some of my thoughts on the changes and influences it has had on us and the world-- which were reflected upon include:

Basic needs have taken over our daily routines.

Family members and their adjustments needed-- deserved our concern.

We are not alone, but part of a world whose countries are inter-dependent and dependent upon each other.

What we do or don't do affects not only us, but others as well.

Our lives are important; we can be, and are-- survivors.

This time has brought me closer to family and to my trust in God. Knowing that He permitted the pandemic has brought me closer to accepting it. The tools given to us: <u>faith, hope, and trust</u>, has give us not only the ability to survive it but has, in some cases, strengthened us in our lives here on earth.



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Dorothy Mann OFS

Epiphany and the Baptism of the Lord - What these two feasts have in common?



Why are these two feasts tied together? We don't really know the exact date of the Magi's arrival or when exactly Jesus was baptized by St. John. Although one could say both events had to happen soon after the birthday of Jesus, just 30 years apart. But there is more to it.

In the East, in my home country, the Feast of January 6th was called "Vizkereszt" (Viz=water; kereszt=cross), not Epiphany. It means baptism by water, which is what St. John was doing. We were celebrating that day the arrival of the Magi, but calling the feast "Water Baptism". Weird, right? It always puzzled me, and many, why the feast was called "Water Baptism".

Well, what happens when John baptizes Jesus? The heavens split open, the Holy Spirit descends as a white dove, and God the Father is heard saying "You are my

beloved Son, with you I'm well pleased." (Mark:1:10-11) Well, that is an epiphany, the revelation of who Christ is. The Son of God. It is done not by humans but by God the Father himself. The Magi, the three high priests of the Zoroastrian faith, that represent all of humanity, were the first to acknowledge who the baby Jesus was: King, Prophet and Priest. They brought the appropriate gifts of the time for a king (gold), a prophet (frankincense) and a priest (myrrh). It was an epiphany of who the little baby in the manger really was.

The Easter churches believe that the Baptism of the Lord, celebrated around the same time as we celebrate the arrival of the Magi, is in fact the Epiphany. It also marks the beginning of Christ's ministry. Thus the Christmas season, the celebration of the incarnation of God ends, and Ordinary time with the start of Jesus' ministry begins. The Christmas season ends with Epiphany, the Baptism of Christ. Although some still hold onto the idea it ends with candle Mass on February 2nd, when Christ was presented in the church, 40 days after his birth as it was customary at the time.

Have a wonderful Epiphany

Marta



Marta Kassai, OFS Councillor





Baptism of the Lord tapestry designed by artist John Nava is hanging in the Cathedral of Our Lady of the Angels, Los Angeles.

Reaching Out for Our Own

Just over 32 years ago, I met some gentle souls called Third Order Franciscans. Spending time with these kind and holy people seemed a good idea: first, because it felt good to be around them. And because I longed to experience their trust in God and sense of peace.

In the course of my formation, this caring and loving community modeled the Franciscan way of life. Though we gathered in the heart of Silicon Valley, the focus was not success, technology or asset appreciation. Rather, they sought to please God by living simply and unselfishly.

All these years later, the Franciscan way of life enfolds me in an embrace that heartens, heals and lightens each day. Secular Franciscans are very special to me, and those I've been honored to know well – both in northern California and here at San Luis Rey – are graced with a dynamic and unwavering faith. Alive in the spirit, they grow in grace as they share fellowship, knowledge and wisdom.



A Franciscan is professed into and nurtured by a community, and that profession is a lifetime commitment. Yet, due to failing health or infirmity, older members may become unable to attend meetings. These are "Emeritus" members who, though out of sight, play a vital role in the community and continue to support the fraternity spiritually and financially.

Our fraternity's Outreach Team is a bridge between the Emeritus and Active members of the community. Each Team member is in regular contact with an elder, sharing fraternity news and best wishes. Over time, the contact becomes a valued friend, a person with whom to share life stories as well as our present

desires and needs. Above all, a Team member communicates the Fraternity's care for and commitment to those we profess, and affirms our values and way of life in a world where "normal" is more often about success, technology, and asset appreciation!

In this new year, as we welcome a new Council, the Outreach Team is looking to add new members wishing reach out to our mature Franciscan members. This is special work, a gentle ministry to gentle people. Training, ongoing support and a written guideline will be available.

We look forward to sharing more about Team Outreach – and to answering your questions – at the January meeting.

Peace and Blessings!



Karron Esmonde, OFS Outreach Team



The Cord, January 2022 **True Joy**



At the end of this year, I was thinking about True Joy and where to find it in my life. True joy is not in the mighty deeds we can accomplish or how smart or rich we are. When the most terrible things possible happen to us and we want to just loose our cool and give up...but we don't. With the strength of faith, we bear all things with love and kindness. True Joy is in that.

St. Francis' example of endurance in the face of absolute rejection inspired my painting. It's titled "True Joy ". Have a truly joyful new year!

Your sister in Christ,



Heidi Madden, OFS

News from the Fraternity Council

January Gathering will be ZOOM Only; No In-person Gathering

January 2022							
Wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
52							1 New Year's Day
•		3	4	5	6	7	8
[(9	10	11	12	13	14	15
3	10	17 Martin Luther King Jr. Day	18	19	20	21	22
4	23	24	25	26	27	28	29
5	30	31					

With an abundance of caution, on January 9th from 1pm-3pm we will move back to Zoom. Thinking that *'Discretion is the better part of valor,'* the Council has decided to hold our January gathering back online. As a Fraternity, we've been agile, resilient, and safe and want to lean into that as we each manage our own cumulative Omicron risk. We anticipate we'll be back in person at the Old Mission in February. Our Zoom link remains the same as always:

https://us02web.zoom.us/j/7607262486?pwd=dmRBNVU5WFUxMTdzaUxGcy9ibGtwdz09

Many Thanks to such a generous Fraternity!



At our December gathering, our Fraternity generously donated three large bags of kindness for the homeless. Our donation to Brother Benno's for the aid of the unhoused included 6 brand new sleeping bags, all sorts of warm socks, (even wool hiking socks, cotton socks), new white undershirts, and all sorts of other such comfort items. Thanks for sharing things so badly needed – just to help keep warm on these chilly winter nights.

Formation News

I am so pleased to announce we begin this new year with all the candidates having chosen a sponsor to accompany them on the remainder of their journey through Candidacy. Pam McArthur chose Carol Imhoff, Gina Quinn chose Liz Mavis, Carolyn Brock chose Connie Collins, and Linda Gossett chose Barbara Kaylor.

Let us all continue to pray for and grow in relationship with all the candidates. Since we will continue initial formation on Zoom, this affords a wonderful opportunity for the sponsors to occasionally visit the sessions and deepen their own journey as they revisit candidacy and can offer insights to their candidate.

January 8th we will meet on Zoom at 11am. The Chapter we cover in the Journey text is Chapter 15, " Gospel, Conversion, and Reconciliation. Good topic to begin again....The focus is on article 7 of our rule.

Jan DeSpain, OFS Formation Director



Happy Birthday to Us All! Action Required



How do we celebrate our birthdays besides forcefully blowing out candles on a big birthday cake (well... before the pandemic, anyway!). This year, we're being asked to help National with their database conversion. Here's what we all need to do.... please send an email to our wonderful and intrepid Council Secretary, Connie Collins, with your full birth date. Month, Day, and Year. Connie's email is connie.collins.ofs@gmail.com.

Connie will update the databases with the information, then delete your email. Your birth year will not be included on the roster or any other public space. We'll happily remind everyone at our January gathering (which for January is online only - on Zoom), and then start following up with friendly phone calls. Thank you so much for your anticipated prompt response to this email. And Happy Birthday! :-)

Many Thanks to such a generous Fraternity!



At our December gathering, our Fraternity generously donated three large bags of kindness for the homeless. Our donation to Brother Benno's for the aid of the unhoused included 6 brand new sleeping bags, all sorts of warm socks, (even wool hiking socks, cotton socks), new white undershirts, and all sorts of other such comfort items. Thanks for sharing things so badly needed – just to help keep warm on these chilly winter nights.



The Ritual of the Secular Franciscan Order

Think of the 'Ritual' as our communal prayer book. It would be ideal of us each to have our own. These are available on <u>Amazon</u> new for \$15 or even used at a significant discount. If you would like to purchase a Ritual but aren't comfortable with online shopping, just let Laura know and she'll place the order for you. *From our*

Treasurer



You can mail your OFS fraternity contributions to:

Rock DeSpain, OFS 1257 Lodgepole Drive, Hemet CA, 92545



The San Luis Rey Fraternity Council



Laura Chun, OFS Minister



Sam DeSantis, OFS Vice-Minister & Formator



Jan DeSpain, OFS Formation Director



Sr. Madeline Fitzgerald, OSC Spiritual Assistant



Connie Collins, OFS Secretary



Corinne Helena, OFS Treasurer



Pam Pert, OFS Councilor



Marta Kassai, OFS Councilor & Newsletter Editor



Breakaway Groups Seeking to Draw in OFS Members

I invite you to read an article on our National website by Fr. Jerome Wolbert, OFM, our National Spiritual Assistant, regarding a breakaway group that is actively seeking to draw members from the Secular Franciscan Order. Fr. Jerome provides some beautiful advice for each of us if someone shares information with us that may not be true, including to *listen* and then to *check the facts.* Fr. Jerome asks us to reflect, *'If anyone invites me to join their group, but asks me not to tell anyone about my decision, that is a warning sign, and especially dangerous when I am asked to turn my back on relationships that have meant a lot to me.' If you are approached or just have questions, please bring concerns you may have to your Council or Minister. You can find the full text of Fr. Jerome's article here (https://secularfranciscansusa.org/2021/12/06/breakaway-group-activily-seeks-to-draw-members-from-ofs/)*

Prayers Requested:

For Mary Haynes, OFS, who passed away 12/12/21 at the age of 92.



Eternal rest grant unto Mary, O Lord, and may perpetual light shine upon her. May her soul, and the souls of all the faithful departed, through the mercy of God, Rest in peace.

Mary and Bill Haynes, on the date of their Profession, July 14th, 2014.

Gina MartinotQuinn, Candidate, is asking for prayers for her family - 4 of her adult children have COVID, including her daughter **Giselle** who is one week away from her due date to deliver her first baby (due date this Friday 1/7). She still has a lingering cough and fatigue, and now her husband Evan is sick. Please pray for their protection and restored health and the healthy delivery of their baby. They are a young couple and this is their first child. They are very anxious about the delivery and whether or not Evan will even be able to be present for the birth. She has asked me to be present, but I may not be allowed either. These are trying times, but we remain faithful and hopeful!

Linda Ochwat, OFS requesting prayers; she was in the E.R. an afternoon with some intense abdominal pain. She was released with a course of antibiotics and a prescription for rest. Let us keep her lovingly in prayer.

To join by Computer, Laptop, Tablet, SmartPhone App:

- Click or Go to this link (full link is below):
- If prompted use: Meeting ID: 760 726 2486
- Then use Password: 1798

To join by landline or audio-only Phone (no video):

- Dial this number (it's in San Jose): 1-669-900-6833
- Meeting ID: 760 726 2486
- Then use Password: 1798

Zoom link: <u>https://us02web.zoom.us/j/7607262486?</u> pwd=dmRBNVU5WFUxMTdzaUxGcy9ibGtwdz09

Let us Pray for our brothers and sisters, especially:



- - January 20, 2017
 - January 26, 2004
 - January 29, 2016
 - January 31, 1972

Tim Corrigan, OFS Armando Quarantiello, OFS Michael Pollack, OFS Raymond Langen, OFS

For those who were professed in the month of December

- January 24, 2010
- January 24, 2010
- Richard (Dick), OFS Diane Holdron, OFS
- For Mary Haynes, OFS who passed away December 12. Eternal Rest Grant unto Mary, O Lord and may perpetual light shine upon her.
- For Edna Patterson, OFS who passed away November 18. May she rest in peace, and for Diane Marie Kvarnlov Lovejoy, sister of Jan DeSpain, OFS, who passed away November 27. Eternal Rest Grant unto them, O Lord and may perpetual light shine upon them.
- Linda Ochwat, OFS our fraternity member, that she soon find satisfactory housing and regain her physical health.

From the Editor: Thank you all for your contributions to this month issue of The Cord. Due to change in our monthly general gathering date to second Sundays, please <u>submit your articles</u>, reports or adds by the **25th of the month to publish in next month issue**. Send your Word or Pages files (font <u>Arial 12 pt</u>, if possible) and any photos (jpg or png) via email to: <u>mksfo@me.com</u>. Thanks, Marta

Happy New Year to All!



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