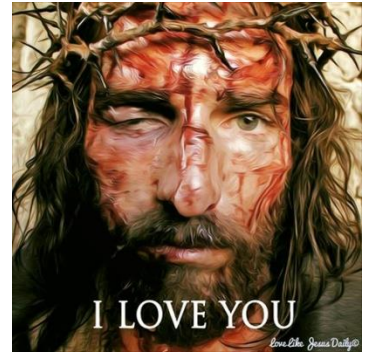




the Cord

San Luis Rey Fraternity of the
Secular Franciscan Order
Mission San Luis Rey,
Oceanside, CA.
www.slr-ofs.org



Next Meeting March 3, 2019

Mass in the Serra Center at 10:00 AM
Community Prayer in the St. Clare Chapel after Mass
Lunch in the O'Keefe Lounge from 12:00 - 1250PM
General Gathering 1:00 - 2:50 PM
Council Meeting follows at appx 3:15PM

Future Meetings:

April 7, 2019 May 5, 2019 June 2, 2019 July 7, 2019
August 4, 2019 (Elections)

These are regular monthly gathering; Dates subject to change

Relationship
Self, Others, Creation – God.
by Eileen

Franciscan Saints for March

MARCH

2 Bl. Agnes of Bohemia, virgin, II Order.
3 Bl. Liberatus Weiss, Samuele Marzorati
and Michele Pio Fasoli (Martyrs, I Order)
5 St. John Joseph of the Cross, I Order
9 St. Frances of Rome, religious of III Ord.
12 Bl. Angela Salawa, III Order
18 St. Salvator of Horta, I Order
22 St. Benvenute of Osimo, I Order
23 St. Catherine of Genoa, III Order
24 Bl. Ludovico of Casoria, I Order
24 Bl. Didacus Joseph Cadiz, I Order
30 St. Peter Regaldo, I Order

Minister's Note

The Grace of Commitment

Dear sisters and brothers,

In our Rite of Profession, immediately before the candidates make their actual permanent profession, the priest celebrant says "Let us pray":

Lord, watch over these your servants.
May the Spirit of your love penetrate their hearts,
so that your grace will strengthen them
to keep their commitment to the Gospel life.
We ask this through Christ our Lord.

This coming Lent, whenever and wherever we undertake that most Franciscan of devotions - the Stations of the Cross – may the Spirit of love penetrate our hearts. May His grace strengthen us in our commitment to follow Him.

As our Rule exhorts us:

United themselves to the redemptive obedience of Jesus, who placed His will into the Father's hands, let them faithfully fulfill the duties proper to their various circumstances of life. Let them also follow the poor and crucified Christ, witness to Him even in difficulties and persecutions (art. 10).

When do you find it easy to unite yourself to "the redemptive obedience of Jesus"?
When do you find it difficult?

With prayers for strength and commitment,

Donna OFS
Minister





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Thank You

Donna, and Karron we thank you for the lovely presentation on “Love in our Holy Rule.”



Karron presenting at Feb. 2 gathering,
Photo submitted by Sam D.

Remember, that

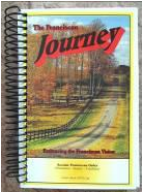
March 6th is ASH WEDNESDAY, a day of fast and abstinence

Fasting (the eating of one main meal and two smaller meals with no in-between snacks) applies to those between ages 21-59 who are in good health and would not be hampered in their work by fasting. The only days that are legislated by the church law are Ash Wednesday and Good Friday. The other days of lent and all Fridays are encouraged but not obligated by law.

Abstinence (the exclusion of meat for the entire day) includes anyone from age 7 and up to any age where the loss of meat for one day would not be harmful to one’s health. The days of full Abstinence are Ash Wednesday and all Fridays during Lent.

Lent is a time for us to voluntarily choose to do penance and mortification as an expression of gratitude to God for what Christ did for us through His Own Suffering and Death. It is an attempt to respond to the love that He so willingly gave to us. OMSLR parish bulletin, Sunday February 17th 2019.

Formation reminders from Sandy Baden, Formation Director



Classes are held the Saturday before the meeting. Please call Sandy for more information
God Bless,
Sandy Baden, OFS
Director of Formation

Anniversaries of Profession



Mar. 8, 2009 David
Mar. 8, 2015 Dorothy
Mar. 9, 1997 Mary
Mar. 9, 1997 Patricia
Mar. 20, 1994 Marjo

Memorials



March 2, 1995
March 9, 2012
March 15, 1995
March 16, 1989
March 28, 2001

Amanda Martineau
[Thomas F.M. Siersma](#)
Robert Wells
Gertrude Brown
Katherine Kunding



Let us Pray for our brothers and sisters, especially:

- ❖ For the safety of Donna our Minister in all her journeys and endeavors.
- ❖ For Pope Francis, Bishop Robert McElroy, and all Bishops.
- ❖ For our pastors, priests, deacons and consecrated religious, and lay orders.
- ❖ For the victims of war and terrorism throughout the world.
- ❖ For all of our brothers and sisters served by our fraternity's home outreach.
- ❖ For our Fraternity members, our council, in formation, and homebound.
- ❖ Members of all three Orders of the Franciscan Family who need our prayer.

Saint Michael Archangel,
defend us in battle,
be our protection against the wickedness and
snares of the devil;
may God rebuke him, we humbly pray;
and do thou, O Prince of the heavenly host,
by the power of God, cast into hell
Satan and all the evil spirits
who prowl through the world seeking the ruin of
souls.
Amen.

Holy Gospel for 8th Sunday in Ordinary time, cycle C

Gospel LK 6:39-45

Jesus told his disciples a parable, "Can a blind person guide a blind person? Will not both fall into a pit? No disciple is superior to the teacher; but when fully trained, every disciple will be like his teacher. Why do you notice the splinter in your brother's eye, but do not perceive the wooden beam in your own? How can you say to your brother, 'Brother, let me remove that splinter in your eye,' when you do not even notice the wooden beam in your own eye?"

You hypocrite! Remove the wooden beam from your eye first; then you will see clearly to remove the splinter in your brother's eye.

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. For every tree is known by its own fruit. For people do not pick figs from thorn-bushes, nor do they gather grapes from brambles. A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks."

Honesty in Christian Witness

Whether we like it or not, our language shows whether we are educated or not. It usually indicates which country we are from and, within the country, even which part. It tells about our age and sex, our temperament, our profession, our honesty, our moral values, and our outlook on life.

However, not all language is honest and reflects the real person. We are constantly exposed, for example, to the multi-faceted language of diplomacy and the deceptive language of the heart, honesty reflecting our best selves. Only by being honest with one another can human beings communicate and overcome the ailment of alienation.

8th Sunday in Ordinary Time "C" from St. Joseph Sunday Missal, Complete Edition, © 2011, page 1108

**May the mercy of Jesus continue to descend upon those in need.
Lord Jesus have mercy on me a sinner. Amen.**

We are in the downhill run, before the next uphill walk, as Fraternal Elections are in 5, yes FIVE months... And here is something for you to ponder...

Prayer for our Coming Fraternity Elections

I thank you, Lord for making me a Secular Franciscan.

Pardon my shortcomings, weaknesses and failures as I seek to lead a Gospel life according to our Holy Rule. Please make me the Franciscan you want me to be.

Jesus, just as I have a body, and my body has several parts, and each part has a separate function, so all of us in this fraternity, in union with you, Lord, from one body. As parts of that body, we belong to each other. Each of us has gifts that you have given us.

If my gift is administration, let me use it for administration; if teaching, let me use it for teaching. If I be a preacher, let me deliver sermons, if an alms giver, let me give freely, if an officer let me be diligent, and if I am to do works of mercy, let me do them cheerfully. Whatever my gifts, Lord let me use them to serve you as you see fit.

Do not let my love be a pretense, but let me love others as brother or sister should, and give me a profound respect for each of them.

Let me work for you and with you, Lord.

Let me recognize in myself and others the gifts we need to enliven and guide the group. Let us encourage and assist one another in your work. Lord, we give thanks for all your gifts, especially wisdom, knowledge, strength, discernment, kindness and generosity of spirit.

Lord, give me right faith, firm hope and perfect charity, and give me the wisdom and perseverance to accomplish your will. I trust in you and ask for your light.

Jesus, grant that your Gospel in the spirit of St. Francis be alive in our community.

Jesus, grant that we know what you want us to do, that we want what pleases you and will to do what you want for your sake alone.

I(we) ask this through Christ our Lord Amen.



Borrowed from "Joy of Francis" newsletter

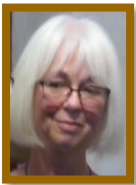
I believe this was composed by our own **Karron Esmonde OFS** when she was our Minister



Oh, last but definitely not least, remember your donation envelope for the Common Fund. The box will be waiting for you.

Or mail to: Eileen Costa

Fraternity Council



Minister
Donna Foley, OFS



**Secretary
Newsletter Editor,**
Carol Imhoff, OFS



Vice Minister
Karron Esmonde, OFS



Treasurer
Eileen Costa, OFS



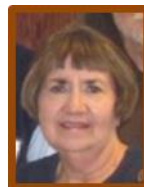
Formation Director
Sandy Baden, OFS



**Councilor,
Webmaster**
Laura Chun, OFS



Spiritual Assistant
Sr. Madeline Fitzgerald,
OSC



Councilor
Dorothy Mann, OFS