



THE CORD

San Luis Rey Fraternity of the
Secular Franciscan Order
Mission San Luis Rey, Oceanside, CA.

www.slr-ofs.org



Lazarus come forth!

Mass in the Serra Center at 10:00 AM
Community Prayer in the St. Clare Chapel after Mass
Lunch in the O'Keefe Lounge from 12:00-1:30 PM
General Meeting in the Luiseño Room from 1:30-3:30 PM

→Upcoming Gathering on April 2, 2017←

Council Meeting before meeting at 12:00 – 1:30 pm

Future Meetings:

May 7, 2017, June 4, 2017, July 2, 2017, Aug. 6, 2017 dates subject to change.

St. Luchesio 1st OFS Tertiary

Feast April 28th



The Val d'Elsa, then Florentine territory, was the birthplace of Luchesio, or Lucius, the first Franciscan tertiary. As a young man he was wholly engrossed in worldly interests, especially politics and money making. So unpopular did he make himself by his violent partisanship of the Gueff cause, that he found it advisable to leave Gaggiano, his native place, and to settle in Poggibonsi, where he carried on business as a provision merchant and money lender. Then, when he was between thirty and forty, a change came over him, partly perhaps as the result of the death of his children. His heart was touched by divine grace and he began to take interest in works of mercy, such as nursing the sick and visiting the prisons. He even gave away to the poor, all his possessions, except a piece of land which he determined to cultivate himself. Soon afterwards St. Francis of Assisi came to Poggibonsi. He had for some time contemplated

the necessity of forming an association for persons desiring to live the religious life in the world, but Luchesio and his wife Bonadonna were actually, it is said, the first man and

woman to receive from the seraphic father, the habit and cord of the Third Order (Now OFS). From that moment they gave themselves up to a penitential and charitable life. Sometimes Luchasio would give away every scrap of food that was in the house, and at first, Bonadonna would demur, for she did not at once rise to such perfect trust in divine Providence: but experience taught her that God supplies His faithful children with their daily bread. Her husband attained to great sanctity, and was rewarded by ecstasies and the gift of healing. When it became evident that he had not long to live, his wife begged him to wait a little for her, so that she who had shared his sufferings here, might participate in his happiness above. Her wish was granted, and she died shortly before her husband passed to his reward. Blessed Luchasio's cultus was confirmed in 1694. His feast day is April 28th. () Editor.

Courtesy of, Catholic Online http://www.catholic.org/saints/saint.php?saint_id=710
Remember, <Ctrl><rt. Click> will open the link.

Minister's Corner.

Dear sisters and brothers,

On April 28, we celebrate the Feast of Blessed Luchasio and Buenadonna, the first Secular Franciscan family. Tradition holds that they received the habit from St. Francis himself. While we really cannot know the origins of our Order, we *do* know that Luchasio and Buenadonna were renowned for their Christian example and charity.

This year, beginning on April 28, the Consilium Internationale Ordo Franciscanus Saecularis asks that each of us reflect on and act for families. (Yes, we have a council and minister for all of us all over world!)

Our General Constitutions say:

“The spirituality of the family and of marriage and the Christian attitude towards family problems should be a theme for dialogue and for the sharing of experiences; they should share the important moments of the family life of their Franciscan brothers and sisters and they should give fraternal attention to those - single, widows, single parents, separated, divorced - who are living difficult situations ...” (*Constitutions*, 24:2)

As the international leadership of our Order suggests, I invite you to reflect on these questions:

- T What situations of frailty do our families experience today?
- T How can we assist in these situations?
- T How are we involved in initiatives to help families in difficult situations?
- T What are doing for those without family?

Before we try to answer these questions, perhaps we should ponder the words of Pope Francis about struggling families. In *The Joy of Love*, he reminds us to remember the omnipotence of God, especially His mercy:

This offers us a framework and a setting which help us avoid a cold bureaucratic morality in dealing with more sensitive issues. Instead, it sets us in the context of a pastoral discernment filled with merciful love, which is ever ready to understand, forgive, accompany, hope, and above all integrate. That is the

mindset which should prevail in the Church and lead us to “open our hearts to those living on the outermost fringes of society”. (*Amoris Laetitia*, 312)
As we remember good Luchasio and Buenadonna, let us open our hearts to *all* families!

Donna, OFS Minister.

Formation Reminders from our Formation Director



Classes are held the Saturday before the meeting, Please call Sandy at for more information

God Bless,
Sandy Baden, OFS
Director of Formation

Remember:

Our Lenten Practices, as stated on Ash Wednesday by our Holy Father in his homily are:

Prayer: Holy Mass, Holy Rosary, Liturgy of the Hours... or other form of Church approved prayer.

Fasting: The little chart on right just about covers it all. I found this little chart in of all places on Facebook, so not all that shows up there is bad...

and Almsgiving/Charity to others. Go to a restaurant, get a carry-out box, and give ½ of your meal to a homeless. And please don't forget utensils to eat with.

Just think about it, how are we fulfilling these practices in our lives?

DO YOU WANT TO FAST THIS LENT?
In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

pietrafitness.com

Anniversaries of Profession

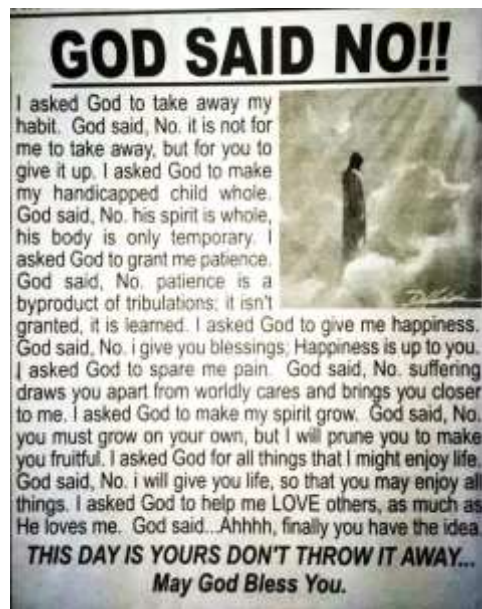


Apr. 10, 2005 Winnie (12 years)
Apr. 22, 1961 Sr. Madeline (56 years)
Apr. 24, 1994 Marta (23 years)

Memorials



April 2, 1999 Cornelia Sussman
April 2, 2012 Elane Smith

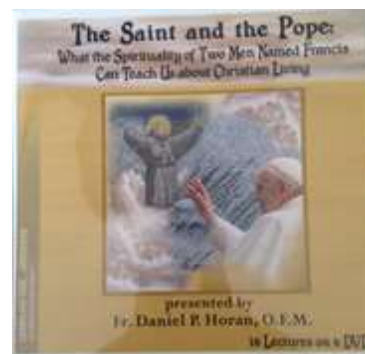


Let us Pray for our brothers and sisters, especially:



- For the safety of Donna our Minister in her journeys during this busy time of year.
- For Pope Francis, Bishop Robert McElroy, and all Diocesan Bishops for all of our pastors, priests, deacons and consecrated religious, including those in lay orders and institutes.
- For the victims of war and terrorism throughout the world.
- For all of our brothers and sisters served by our fraternity's outreach program.
- All of our Fraternity members, especially: our council, our brothers and sisters who are in formation, our elderly and or homebound who aren't able come to our fraternity gatherings.
- Members of all three Orders of the Franciscan Family who need our prayers.

At our next gathering, April 2nd, we will be viewing and discussing another of Fr. Horan's awesome talks from "**The St. and the Pope**" that we have been enjoying since the beginning of the year.



Lenten Daily Penances

On Sundays - Lectio Divina: Devote a half hour or so each Sunday to reading Sacred Scripture in a prayerful manner. You might begin with one of the Gospels, or perhaps take up the next Sunday's Bible readings.

On Mondays - Meditative Prayer: Set aside time to pray by yourself and in silence. You might repeat peacefully the Jesus Prayer: "Lord Jesus Christ, Son of the living God, have mercy on me, a sinner."

On Tuesdays - Fasting: Choose one day of the week each week—perhaps this day—to fast. Offer your mortification for specific intentions. Pray that your spiritual hunger will match your physical hunger.

On Wednesdays - Charitable Works of Mercy: Use this day to go out of your way to care for the poor, the needy, and the lonely. Reflect on all the corporal and spiritual works of mercy, and commit to carrying out each of them during the season of Lent.

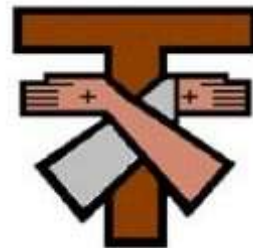
On Thursdays - Adoration of the Blessed Sacrament: Make regular Eucharistic Adoration a priority of your Lenten observance. Bring all your prayer requests and the needs of your family and friends before the Lord's Eucharistic presence. Let him gaze at you in love.

On Fridays - Study of the Faith: Build into your Lenten Fridays choice time to study the *Catechism of the Catholic Church*. Start with those areas of doctrine which you need to understand better.

On Saturdays - Confession and Mortification for Sins: Let your Lent be marked by frequent confession. Resolve to give up certain pleasure and conveniences during Lent as a Penance for sin.

The above by, **Father Peter John Cameron, O.P.** Page 139 of *Magnificat Year of Faith Companion*. © 2012

It is suggested for Lent, but why not use it as a guide year around, as we need to think of our 'future' life, not only during the few weeks of the Lenten /Easter Season, but year around. Editor.



Litany of Humility

This Litany of Humility is attributed to Cardinal Rafael Merry del Val (1865-1930), secretary of state for Pope Pius X. He belonged to one of the most prominent families in England and Spain, was highly educated, knew the main languages of Europe perfectly, and was at home in the embassies of every European capital. His prayer is Franciscan in spirit.

O Jesus! meek and humble of heart,
Hear me.

From the desire of being esteemed,
Deliver me, Jesus.

From the desire of being loved,
Deliver me, Jesus.

From the desire of being extolled,
Deliver me, Jesus.

From the desire of being honored,
Deliver me, Jesus.

From the desire of being praised,
Deliver me, Jesus.

From the desire of being preferred to others,
Deliver me, Jesus.

From the desire of being consulted,
Deliver me, Jesus.

From the desire of being approved,
Deliver me, Jesus.

From the fear of being humiliated,
Deliver me, Jesus.

From the fear of being despised,
Deliver me, Jesus.

From the fear of suffering rebukes,
Deliver me, Jesus.

From the fear of being calumniated,
Deliver me, Jesus.

From the fear of being forgotten,
Deliver me, Jesus.

From the fear of being ridiculed,
Deliver me, Jesus.

From the fear of being wronged,
Deliver me, Jesus.

From the fear of being suspected,
Deliver me, Jesus.

That others may be loved more than I,
Deliver me, Jesus.

That others may be esteemed more than I.

Jesus, grant me the grace to desire it.

That in the opinion of the world, others may increase and I may decrease.

Jesus, grant me the grace to desire it.

That others may be chosen and I set aside.

Jesus, grant me the grace to desire it.

That others may be praised and I unnoticed.

Jesus, grant me the grace to desire it.

That others may be preferred to me in everything.

Jesus, grant me the grace to desire it.

That others may become holier than I, provided that I may become as holy as I should.

Jesus, grant me the grace to desire it.

Amen.

<http://www.ewtn.com/Devotionals/prayers/humility.htm#ixzz1qXeoSLTb>

Of these 28 members, just how many can you name?

A beautiful Franciscan with a beautiful smile! (below, right).



Rite of Welcoming ritual at our monthly gathering on 3/5/17. Being welcomed are: Michele, Monica, Judith, Barbara, Cari, & Linda. (Not pictured, but also joyfully 'Welcomed' was Corinne).





Please remember your donation envelope for the Common Fund. The box will be waiting for you.

Or mail to: Eileen

**All www links in this 'Newsletter' have been check and worked as of the date of publication, see 'Title Page,' for date.
Your Editor**