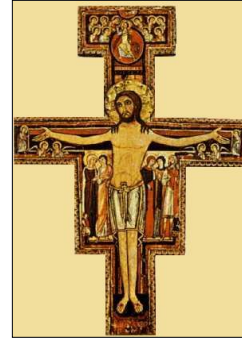


**THE CORD**  
 San Luis Rey Fraternity of the  
 Secular Franciscan Order  
 Mission San Luis Rey, Oceanside, CA.



**JULY 2010**

**Next Meeting: July 18, 2010**

**12:45 – 1:45 p.m.**  
 Candidates – Clare Room

**2:00 – 4:00 p.m.**  
 General Meeting – Clare Room

**FRANCISCAN SAINTS IN JULY**

- July 1 – Blessed Juniperio Serra (I)
- July 4 – St. Elizabeth of Portugal (III)
- July 8 – Bl. Gregory Grassi, Companions
- July 9 – St. Nicholas Pick & Companions
- July 10 – St. Veronica Giuliani II
- July 12 - St. John Jones & St. John Wall
- July 13 - Bl. Angelina of Marsciano III

- July 14 – St. Francis Solano I
- July 17 – Francisco Garces & Companions I
- July 21 – St. Lawrence of Brindisi I
- July 24 – Bl Modestino of Jesus & Mary
- July 25 – Bl Antonio Lucci
- July 30 – St. Leopold Mandic of Casteln

**Our June Meeting**

In June, we took another look at our apostolates. This time, we heard from the distaff side of the aisle, as members Eileen Costa and Denise Scalzo shared several stories about the places the Spirit has taken them, and the things they have learned and accomplished as they followed Him.

**Our July Celebration**

This month, we are having a **BIG CELEBRATION** as we profess Joe C. in the San Luis Rey parish chapel while each of us renews our own vows as Secular Franciscans. We are very fortunate to have Fr. Philip G., a renowned retreat director and current director of the Mission Retreat Center, to offer Mass and officiate at the ceremony.

Because we are having a Mass, we need to **change our meeting place**. So here are the details:

**LOCATION:** In the **Parish Chapel** (not the Retreat House Chapel)

**TIME:** We will gather at **1:45 pm sharp**. **Please be on time** – we have the use of the chapel for a limited time.

**PARKING:** Please park in the **Parish parking lot**, on the East side of the San Luis Rey complex. It's a short walk into the Parish Chapel. Take the first right after you enter the Mission gate, and you are there.

**FOOD TO SHARE:** If you can bring food to share, you can leave it at the **Parish Dining Room** on your way to the chapel, as we will meet there to celebrate after the event.

**CONGRATULATIONS, JOE!**  
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**Reminder: Fr. Tom's summer session on The Church in the Middle Ages starts this coming Thursday, July 15<sup>th</sup>!**

## Karron's Korner –

Last month at the request of several fraternity members, we dwelt briefly on our spiritual war against Satan as members of God's victorious army. And we printed some scriptures that would give us support and encouragement in our spiritual battle against temptation, illness and misfortune.

Of course, a large component of our struggle here on earth is to remain in Christ, so that Jesus can work in and through us. As a spiritual army, we are raggle-taggle: easily distracted, not as well-equipped or well trained as we'd like, and poorly disciplined. In fact, we have often put our own selfish wants ahead of our service. Though we try, we are not always ideal soldiers.

But, as always, God comes to our aid when we ask. His special gift for the battle-worn, known as the Armor of God, (Ephesians 6:11-17) is protection we can wear every day. A good defense is the best offense!

Here's a simple prayer that explains what we are doing as we robe ourselves in the Armor of God:

*Heavenly Father, I desire to be obedient and strong in the Lord by the power of Your might. I recognize it is essential to put on the armor You have provided, and I do so now with gratitude, praise and faith as a strong spiritual protection against the forces of darkness.*

*I take the Belt of Truth. I take Jesus who is the Truth as my strength and protection, and ask wisdom and*

*discernment to believe, live, speak and know only the truth.*

*I thank you for the Breastplate of Righteousness. By faith I appropriate the righteousness of Jesus Christ and ask You Jesus, to walk in Your holiness in my life today. Thank you, Lord, for the Shoes of Peace. I desire that my feet stand on the rock of peace so as I walk in obedience, the God of peace walks with me. Eagerly, Lord, I lift up the Shield of Faith. By faith, I trust in You to be a complete and perfect shield.*

*I protect my mind against Satan's deceiving ways by taking the Helmet of Salvation and recognizing the Lord Jesus Christ as my Savior. I shield my head with Him and invite His mind to be in me.*

*With joy I take hold of the Sword of the Spirit, which is the word of God, affirming it is infallible. Enable me to use Your word to defend me from Satan, and to claim all Your promises.*

*Help me, Lord, to keep this armor well oiled with prayer. I desire to pray at all times with depth and intensity as the Holy Spirit leads me. Grant me a charity for all Your children and allow me to see their needs and to assist them in prayer as the enemy seeks to attack them. All these things I ask in the name of Jesus Christ, the Lord. Amen.*

In the Scriptures section, see the passage from Ephesians along with other verses that amplify and explain the Armor of God.

### July Birthdays

Happy Birthday to Frances G. on the **2nd**; and Bob P. who celebrates on the **22<sup>nd</sup>**.

### Anniversary of Profession

This month, Dorothy J. commemorates her profession on **July 13<sup>th</sup> of 1969**; Irene E. and Bob P. were professed on the **11<sup>th</sup> of July, 2004**.

### Memorials

On July 21, 1995, **Roberta Reynolds S.** departed this life. **George W.** died on July 23, 1990. May they Rest in Peace!

### Prayer Requests

Please pray for Betty B., the sister of Frances G., who is having both her knees replaced. Please pray for the San Luis Rey Fraternity, that we may be always in God's will.

## Scripture Study: The Armor of God

### Ephesians 6:10-18

Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.

### **Belt of Truth**

#### John 14:6

Jesus answered, "I am the way and the **truth** and the life. No one comes to the Father except through me."

### **Shoes shod with the Gospel of Peace**

#### Isaiah 52:7

How beautiful on the mountains are the feet of those who bring good news, who proclaim **peace**, who bring good tidings, who proclaim salvation, who say to Zion, "Your God reigns!"

### **Breastplate of Righteousness**

#### 1 Thessalonians 5:8

But since we belong to the day, let us be self-controlled, putting on faith and love as a

**breastplate**, and the hope of salvation as a helmet.

### **Shield of Faith**

#### John 14:12

I tell you the truth, anyone who has **faith** in me will do what I have been doing. He will do even greater things than these, because I am going to the Father.

#### Proverbs 30:5

"Every word of God is flawless; he is a **shield** to those who take refuge in him.

#### Psalms 144:1-2

Praise be to the LORD my Rock, who trains my hands for war, my fingers for battle. He is my loving God and my fortress, my stronghold and my deliverer, my **shield**, in whom I take refuge, who subdues peoples under me.

### **Helmet of Salvation**

#### Isaiah 59:17

He put on righteousness as his breastplate, and the **helmet** of salvation on his head; he put on the garments of vengeance and wrapped himself in zeal as in a cloak.

### **Sword of the Spirit**

#### Hebrews 4:12

For the word of God is living and active. Sharper than any double-edged **sword**, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

#### Isaiah 49:2

He made my mouth like a sharpened **sword**, in the shadow of his hand he hid me; he made me into a polished arrow and concealed me in his quiver.

## REMINDER:

Please send your June contribution to Frances Garcia by mail,  
or bring it with you to our fraternity meeting on July 18<sup>th</sup>.

**MARK YOUR CALENDARS**

**Thursdays: July 15, 22, 29 & August 5, 12 & 19; Sessions at 10:00 and 7:00 p.m.**  
Fr. Tom Study Series, "**Medieval Church History**"

**July 18<sup>th</sup>**

**San Luis Rey Fraternity Meeting** on the 3<sup>rd</sup> Sunday of the month.

**July 22<sup>th</sup>**

**San Luis Rey Council Meeting** at the Mission (?)

**Mondays: August 9, 16, 23 & 30<sup>th</sup>; Sessions at 10:00 and 7:00 p.m.**

Fr. Tom Study Series, "**Franciscan Theology**"

**Masses will be offered for San Luis Rey Fraternity Members, Living & Deceased:**

Masses have been scheduled at the St. Francis of Assisi Church, as follows:

**Saturday, July 10, 8:00 am**