



the Cord

San Luis Rey Fraternity of the
Secular Franciscan Order
Mission San Luis Rey,
Oceanside, CA.
www.slr-ofs.org



Next Meeting December 1, 2019

Mass in the Serra Center at 10:00 AM
Community Prayer in the St. Clare Chapel after Mass
Lunch in the O'Keefe Lounge from 11:45 AM – 12:45 PM
ADORATION in St. Clare Chapel Annex 12:45 PM
General Gathering 1:00 - 2:50 PM
Council Meeting follows at appx 3:15PM

Future Meetings:

Jan. 5, 2020. Feb. 2, 2020, March 1, 2020, April 5, 2020, May 3, 2020,
These are our regular monthly gatherings, All dates subject to change

ADVENT

Waiting and preparing for the Birth of the LORD

Franciscan Saints and Feasts for December

3. St. Francis Xavier, Priest, had been a tertiary before founding or joining another religious Institute, Martyr, 1623
- [5. Bl. Peter of Siena, Confessor, Franciscan Third Order Secular, d. 1289](#)
6. Bl. Elisabeth la Bonne, Virgin, Franciscan Third Order Secular, d. 1420
- [8. Feast of the Immaculate Conception, Patroness of the Seraphic Order, Holy Day of Obligation, Plenary Indulgence for tertiaries and cordbearers](#)
9. Bl. Delphine de Glandeves, Virgin, Franciscan Third Order Secular, d. 1360
- [11. Bl. Hugolinus Magalotti, Confessor, Franciscan Third Order Secular, d. 1373](#)
12. Discovery of the tomb of St. Francis 1820
14. Bl. Barthole Buonpedini, Priest, Franciscan Third Order Secular, d. 1300
- [15. Mary Queen of the Seraphic Order](#)
21. St. Raphael Kalinowski, Priest, had been a tertiary before founding or joining another religious Institute, d. 1907
- [22. St. Francis Xavier Cabrini, Virgin, had been a tertiary before founding or joining another religious Institute, d. 1917](#)
- [25. Nativity of Our Lord Jesus Christ, Holy Day of Obligation](#)
- [28. Feast of the Holy Innocents](#)
31. St. Gaspard Buffalo, Priest, Franciscan Third Order Secular, d. 1836; Plenary Indulgence (Chant the Te Deum in public)

Important Change in our 'Fraternity Day Schedule.

ADORATION OF THE MOST BLESSED SACRAMENT

Dear Fraternity

**Our schedule shall include a time for Adoration
each month just after our lunch, immediately before we
gather for our Fraternity Gathering**

Our new schedule will be:

Mass at 10:00 am in the Serra Center

Midday Prayer at 11:30 am in the St. Clare Chapel

Lunch from 11:45 am -- 12:45 pm in the O'Keefe lounge.

Adoration of the Most Blessees Sacrament will be

From 12:45 pm – 1:00 pm in the

Blessed Sacrament chapel annex off the St. Clare Chapel.

Our Fraternity Gathering will be from 1:00 pm – 3:00 pm

Council meeting will follow from 3:00 pm – 4:30 pm

Stillness, this is what we long for.

To hear Your heart dear Lord.

So, we Gaze

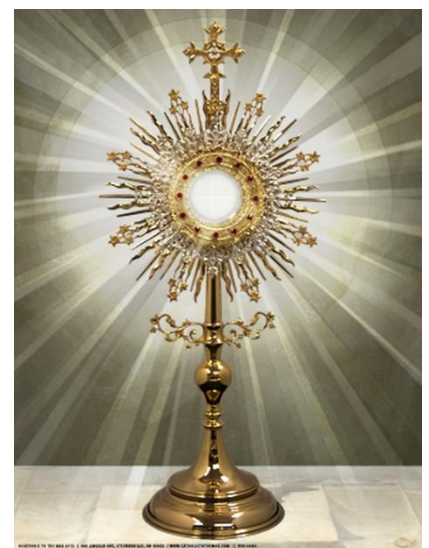
We Consider

We Contemplate

We Imitate



We adore you
most holy Lord
Jesus Christ,
here and in all
your churches,
which are in the whole world, and
we bless you,
because by your holy Cross you
have redeemed the world.



**Prayer of St. Francis, on entering or leaving a Church Tertiary's Companion
Page 60, Franciscan Herald Press, Chicago Ill © 1961,R-1970. Image 'Bing,**

Minister's Note

My Dear Fraternity,

We soon begin Advent, that special time of prayer preparation for the Incarnation. We can cast our thoughts back to the Christmas of 1223 and Francis, after having spent such time in prayer, arranged for a living nativity scene. The people of the town of Greccio gathered and participated in this beautiful experience of enacting the first Christmas. It gave everyone the opportunity to more deeply experience the birth of Christ.¹

Thomas of Celano, an early companion of Francis, tells us that it is in the birth of Jesus, where God becomes enfleshed, that the intimate link between creation and Incarnation become 'visible.'² Francis saw the most profound revelation of God's love for us in the Incarnation. Through the Christmas scene he created at Greccio, Francis wanted to show the people in a very concrete way how God entered into our everyday world of creation through the Incarnation.³ The Incarnation made all of creation holy.



Laura, OFS

To Francis, and in Catholic theology, all is connected: The Incarnation in the form of Jesus, in the Word, and in the Eucharist, and in all of creation. The Incarnation is there at each Mass that is celebrated – the amazing God of the universe came into the world in all humility in the form of an infant. The amazing God of the universe comes to us at each Mass, in the form of the Eucharist. This Advent let us grow ever closer to the Incarnation! Francis tells us in his Letter to the Order:

*Let the whole of mankind tremble
the whole world shakes
and the heavens exult
When Christ,
the Son of the living God
is present on the altar
in the hands of a priest.⁴*

Happy Advent!

¹ Short, *Poverty and Joy: The Franciscan Tradition*, 85.

² Ilia Delio, *A Franciscan View of Creation: Learning to Live in a Sacramental World* (St. Bonaventure, NY: Franciscan Institute, St. Bonaventure University, 2003), 15.

³ Delio, *A Franciscan View of Creation: Learning to Live in a Sacramental World*, 15.

⁴ LtOrd 26

PRAYER COLLECTIVE

We have the opportunity each month as we enter and gather as a Fraternity to embrace a prayer and offer a petition.

A container shall be present with standing prayer concerns for our members who have been away for one reason or another.

There will be cards for each of us in attendance to fill in and add to the mix, then as we depart for the day, may we reach in and take with us a prayer to keep before our Lord till we meet again, the following month: repeating each month . . .

We bear our joys and burdens for one another as we go amidst our Franciscan journey.

In the world and for the world.

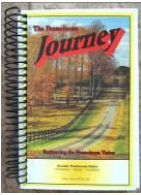
One heart~One mind

Pax et Bonum

**REMEMBER TO INCLUDE
PRAISES,
ANSWERS TO PRAYERS, and
THANKSGIVING
FOR ANSWERED PRAYERS.**



**Formation reminders from
Janice, OFS
Director of Formation**



Classes are held the Saturday before the meeting, please call Janice D. Director of Formation for more information.

Anniversaries of Profession



Dec. 10, 2006 Penny Johnson

Memorials



Dec. 4, 2002 Mary P. Ryan Molnar
Dec. 29, 1998 Mae Coash

Birthdays



Dec. 28 Peter Normondin
Dec. 31 Michelle Castellanos

Let us Pray for our brothers and sisters, especially:



- For the safety of Laura our Minister in her journeys during this busy time of year.
- For Pope Francis, Bishop Robert McElroy, and all Diocesan Bishops for all of our pastors, priests, deacons and consecrated religious, including those in lay orders and institutes.
- For the victims of war and terrorism throughout the world.
- For all of our brothers and sisters served by our fraternity's outreach program.
- All of our Fraternity members, especially: our council, our brothers and sisters who are in formation, our elderly and or homebound who aren't able come to our fraternity gatherings.
- Members of all three Orders of the Franciscan Family who need our prayers.

Holy Gospel for First Sunday of Advent

Gospel *MT 24:37-44*

Jesus said to his disciples:

"As it was in the days of Noah,
so it will be at the coming of the Son of Man.

In those days before the flood,
they were eating and drinking,
marrying and giving in marriage,
up to the day that Noah entered the ark.

They did not know until the flood came and carried them all away.

So will it be also at the coming of the Son of Man.

Two men will be out in the field;
one will be taken, and one will be left.

Two women will be grinding at the mill;
one will be taken, and one will be left.

Therefore, stay awake!

For you do not know on which day your Lord will come.

Be sure of this: if the master of the house
had known the hour of night when the thief was coming,
he would have stayed awake
and not let his house be broken into.

So too, you also must be prepared,
for at an hour you do not expect, the Son of Man will come."

Commentary:

Just think, how many of us spend time packing an Emergency Evacuation Bag that contains all the essentials that we think that we just must have when an emergency evacuation order comes from our police or fire dept.

personnel? Have we taken the time to prepare our souls for the "Evacuation Order" that will be given to us in our last minutes here on Earth? This bag should contain a soul purified by reconciliation with Jesus through Confession, reception of Holy Communion, reception of the Sacrament of the sick/dying, and personal reflection on our passage to our eternal reward while thinking of the four last things, Death, Judgement, Heaven and hopefully not Hell.

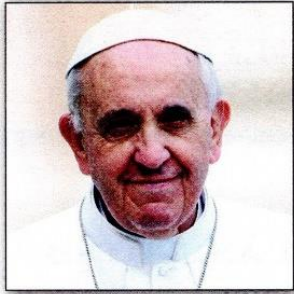
Remember, the only letters after my name are OFS...

Editor.

God loved us so much that he sent his son Jesus as a baby to live with us and to die for the forgiveness of our sins.



Just Grab a box of Crayola's, colored pencils, pens or markers and just see just how pretty and joyful we can make this Nativity Scene. You little ones need to remember that we are celebrating Jesus' 'Birthday' Parents, grandparents just remember to print this page single sided so that pen or marker ink bleed-thru doesn't ruin the text on other side.



2018-2021 NATIONAL PRIORITY
FRATERNITY LIFE

Pope Francis on “Fraternity”

*Address of Pope Francis to the General Chapter of the Order of Friars Minor Conventual
June 17, 2019*

The Gospel is for you, dear brothers, “rule and life” (Saint Francis, *Regula Bullata*, I, 1) and your mission is none other than that of being a living Gospel, “a living ‘exegesis’ of God’s word” as Benedict XVI said (Post-Synodal Apostolic Exhortation *Verbum Domini*, 83). The Gospel must be your handbook. Always listen to it carefully; pray with it; and following the example of Mary, “Virgin made Church” (see Saint Francis, *Greeting to the Blessed Virgin Mary*, 1), meditate assiduously, so that, by assimilating it, you may conform your life to the life of Christ.

This way of following is characterized, first of all, by *fraternity*, which Francis considered a gift: “The Lord gave me brothers” (*Testament*, 14). Fraternity is a gift to be received with gratitude. It is a reality that is always “on the move”, under construction, and therefore asks for the contribution of all, without anyone excluding himself or being excluded; in which there are no “consumers” but only builders (see *General Constitution OFMConv*, 55,

5). A reality in which we can live out paths of continuous apprenticeship, of openness to the other, of mutual interchange; a welcoming reality, ready and willing to accompany; a reality in which it is possible to take a break from everyday life, to cultivate silence and the contemplative gaze and thus recognize in it the imprint of God; a reality in which you all consider yourself brothers, both ministers and other members of the fraternity; an experience in which everyone is called to love and nurture his brother, just as a mother loves and nurtures her own child (see Saint Francis, *Regula non Bullata*, IX, 11). I urge you to nurture your fraternity with the spirit of holy prayer and devotion “to which all other temporal things must serve” (Id., *Regula Bullata*, V, 2). In this way, your fraternal life in community becomes a form of prophecy in the Church and in the world; and it becomes a school of communion, to be exercised always, following the example of Francis, in a relationship of love and obedience with the Pastors.

- 1) Pope Francis is addressing First Order friars, but his thoughts on fraternity are also relevant to Secular Franciscans. He observes that Francis considered fraternity a gift. How is fraternity a gift to you?
- 2) The Holy Father lists a series of attributes which characterize the reality of fraternity. Which of these attributes apply to your local fraternity? What are some practical ways you could nurture them?
- 3) Pope Francis suggests that the outcome of fraternal life is community is a “form of prophecy in the Church and in the world, and a school of communion”. Which articles of the OFS Rule call us to a prophetic stance? To living in communion?
- 4) How visible is your fraternity in your local parish? Your community?



Oh, last but definitely not least, remember your donation envelope for the Common Fund. The box will be waiting for you.

Treasurer SLR Fraternity
1784 Cayote Ct.
Vista, CA 92084

OUR ELECTED FRATERNITY COUNCIL



Minister
Laura, OFS



Vice Minister
Sandy, OFS



Secretary
Connie, OFS



Formation
Janice, OFS



Treasurer
Luis, OFS



Councilor 1
Joe, OFS



Councilor 2
Kelly, OFS



Spiritual Assistant
Sister Madeline OSC

OUR VOLUNTEER HELPERS



Outreach
Karron, OFS

Addresses, Telephone #... can
be found on your Fraternity
Membership Roster



CORD Editor
Carol, OFS

