



the Cord

San Luis Rey Fraternity of the
Secular Franciscan Order
Mission San Luis Rey,
Oceanside, CA.
www.slr-ofs.org



Remember the "Clock Monster" is back.

Next Meeting November 3, 2019

Mass in the Serra Center at 10:00 AM
Community Prayer in the St. Clare Chapel after Mass
Lunch in the O'Keefe Lounge from 12:00 - 12:50PM
General Gathering 1:00 - 2:50 PM
Council Meeting follows at approx 3:15PM

Future Meetings:

Dec. 1, 2019, Jan. 5, 2020. Feb. 2, 2020, March 1, 2020, April 5, 2020,
These are regular monthly gatherings, All dates subject to change

Prayer and Contemplation
By
Kelly and Joe, OFS

Our Franciscan Saints for November

Note: we have 2 "All Saints Days"

one on the 1st for the Universal Church, and one on the 29th
for the Saints of the Franciscan Order.

- 4. [St. Charles Borromeo, Bishop, Franciscan Third Order Secular, d. 1584](#)
- 2. Commemoration of all of the Faithfully Departed – Plenary Indulgence for the holy souls when one visits a church or chapel and recites a Pater and a Credo
- 10. Bl. Louis Guanella, Priest, Franciscan Third Order Secular, d. 1915
- 11. [Bl. Mary Crucifixa, Virgin, the Franciscan 3rd-Order; a "Poor Clare" sister, d. 1826](#)
- 17. Bl. Jane of Signa, Virgin, Franciscan Third Order Secular, d. 1307
- 19. [St. Elizabeth of Hungary, Virgin Patroness of Franciscan Third Order Secular, Plenary Indulgence \(renewal of Tertiary engagement\), d. 1231](#)
- 21. Feast of the Presentation of the Holy Virgin Mary
- 29. All Saints of the Seraphic Order

Our 'Minister's Note' for November can be found on page 5.

The Franciscan Crown

Donna Foley, OFS, taught me a beautiful bead prayer called simply the Franciscan 'Crown' (saying 'Crown Rosary' is redundant). The Franciscan Crown takes its place among many forms of bead prayer, including those prayed by our Buddhist and Muslim sisters and brothers. As a Catholic devotion, it's accessible and simple without many of the other prayers attached to the more familiar Rosary.

Unlike the more traditional Rosary, with the Franciscan Crown, we pray 'Joys' rather than 'Mysteries.' We do understand, as Franciscans, that there are many nuanced shadings with the word "Joy." Donna shared that during Lent, she was taught to pray the seven sorrows of our Lady rather than the seven joys. At Pentecost, we can meditate on the 7 gifts of the Holy Spirit as they are also found within each Joy. The incredible thing about the Franciscan Crown, as with all forms of 'Bead Prayer' is that we can pray it when too tired or distracted to pray any other way.



Hans Memling, "the Seven Joys of Mary," 1480

The Franciscan Crown has seven decades. There is a cross on the end, and then four beads, then one single bead. You can use a "standard" Rosary to pray the Franciscan Crown, as long as you backtrack a bit for those last two decades!

The Seven Joys in the Crown are:

1. The Annunciation of Gabriel to Mary
2. The Visitation of Mary to Elizabeth
3. The Nativity of Christ
4. The Adoration by the Magi
5. The Finding of Jesus in the Temple
6. The Resurrection of Our Lord
7. The Assumption & Coronation of Our Lady



To pray the Franciscan Crown:

- ❖ Begin with the first Our Father of the first decade (on that single bead on the cross end), rather than beginning on the cross at the end.
- ❖ Once you have prayed the seven decades, skip the single bead you began with, and pray on the four beads that go down to the Cross or Crucifix.
- ❖ On the first two of those beads, pray two Hail Marys to make 72 in total. (The number of years it is said our Lady lived on earth.)
- ❖ On the last two beads pray an Our Father (some people add a Gloria) and a Hail Mary, for the intentions of the Holy Father.

Please consider the Franciscan Crown as one of your prayer forms and see if it resonates with you; I am very grateful to Donna for sharing the Franciscan Crown, as well as this written reflection, with me.

Kelly and Joe will be leading us through a prayer experience with the Franciscan Crown at our November 3rd gathering. If you have a Crown, you're invited to bring it, but it's not necessary. The power of this devotion is not with the physical beads; it is with the *prayer* itself.

Pace e Bene -
Laura, OFS

If those who use the seven-decade rosary make a slight change in the mysteries they recall in each of the decades, they can gain the same indulgences which have been granted for the so-called Dominican Rosary of fifteen decades. All one has to do is to make the first five of the seven mysteries coincide with the five Joyful Mysteries, and then add two of the Glorious Mysteries for the two additional decades, as follows: (1) The Annunciation. (2) The Visitation. (3) The Birth of Our Lord, including the Adoration of the Magi. (4) The Presentation of Jesus in the Temple and the Purification of the Blessed Virgin. (5) The Finding of Jesus in the Temple. (6) The Resurrection of Our Lord. (7) The Assumption of Our Lady into Heaven.

Praying the Franciscan Crown in this way, we can gain the following indulgences: (a) a plenary indulgence for praying a third part (five decades) of the Rosary continuously, either in a church or public oratory, or in the family, a religious community, or a pious association; (b) a partial indulgence for the same in other places or at other times (Enchiridion, no. 48).

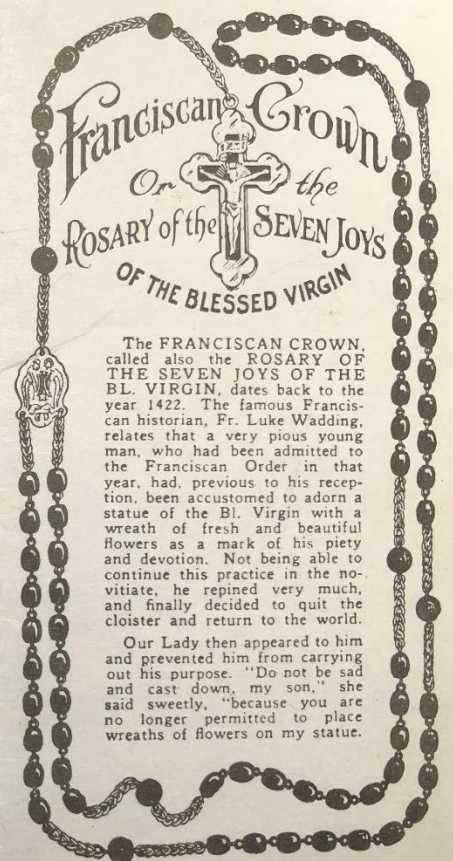
To gain these indulgences, it is required that we meditate or reflect on the mystery of each decade (that is, five decades). When the decades are recited publicly, these mys-

teries must be announced according to approved local custom. In the private praying of the decades, this is not necessary as long as meditation on the mysteries is added to the vocal prayer. Although the beads are helpful, they are not required for gaining the indulgence.

Besides the Rosary (five decades), there are three other pious exercises for which one can gain a plenary indulgence on any day: (1) a half-hour Visit to the Blessed Sacrament; (2) Reading the Bible for a half hour; (3) the Stations of the Way of the Cross. Only one plenary indulgence can be gained on any single day. Do not forget the Our Father and Hail Mary for the intentions of the Holy Father.



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THE FRANCISCAN CROWN, called also the ROSARY OF THE BLESSED VIRGIN, dates back to the year 1422. The famous Franciscan historian, Fr. Luke Wadding, relates that a very pious young man, who had been admitted to the Franciscan Order in that year, had, previous to his reception, been accustomed to adorn a statue of the Bl. Virgin with a wreath of fresh and beautiful flowers as a mark of his piety and devotion. Not being able to continue this practice in the novitiate, he repined very much, and finally decided to quit the cloister and return to the world.

Our Lady then appeared to him and prevented him from carrying out his purpose. "Do not be sad and cast down, my son," she said sweetly, "because you are no longer permitted to place wreaths of flowers on my statue."



St. Marguerite Bays OFS

Canonized by Pope Francis Oct. 13, 2019
 Marguerite died at 3:00pm on 27 June 1879

Her Feast day will be on June 27th

She was a simple single laywoman who was born on Sept. 8, 1815 and died on the 27th of June in 1879 at 64 years of age.

11 April 1873, about 6 years before she died, she discovered that she had the **Stigmata**, wounds of Christ's Crucifixion that she bore for the last 6 years of her life.

Her vocation was that of a simple seamstress.

She like so many of the saints didn't do anything other than live a good holy Christian life, and as a Secular Franciscan, follow our rule to the fullest of her ability...

"I shall teach you to change this pious practice into one that will be far more pleasing to me and far more meritorious to your soul. In place of the flowers that soon wither and can not always be found, you can weave for me a crown from the flowers of your prayers that will always remain fresh and can always be had.

"Recite *one Our Father and ten Hail Marys* in honor of the joy I experienced when the angel announced to me the Incarnation of the Son of God. Repeat these same prayers in honor of the joy I felt on visiting my Cousin Elizabeth. Say them again in honor of the supreme happiness that filled my heart on giving birth to Christ the Savior, without pain and without the loss of my virginity. Recite the same prayers a fourth time in honor of the joy I felt when presenting my Divine Son to the adoration of the Magi. Repeat them for the fifth time in honor of the joy that thrilled my soul when, after seeking Jesus with deep sorrow for three days, I found Him at last among the doctors in the Temple. Sixthly, recite the one Our Father and then ten Hail Marys in honor of the joy I experienced on beholding my Divine Son gloriously risen from the grave on Easter Sunday. Finally, for the seventh time, repeat these prayers in honor of my own most glorious and joyful Assump-

tion into heaven, when I was crowned Queen of heaven and earth. If you recite these prayers as I have directed, rest assured, dear son, you will weave for me a most beautiful and acceptable crown and will merit for yourself innumerable graces."

When Our Lady had disappeared, the overjoyed novice at once began to recite the prayers in honor of her Seven Joys, as she had directed. While he was deeply engrossed in this devotion, the novice master happened to pass by and, behold! he saw an angel weaving a marvelous wreath of roses and after every tenth rose he inserted a golden lily. When the wreath was finished, the angel placed it on the head of the praying novice. The master then demanded under holy obedience that the youth tell him the meaning of the vision. Joyfully, yet fearfully, the novice complied. The good priest was so impressed with what he had seen and heard, that he immediately made it known to his brethren. Thus the practice of reciting the Crown of the Seven Joys of the Bl. Virgin soon spread over the entire Franciscan Order and became one of the favorite devotions of the friars.

Later, it became customary to add two Hail Marys in honor of the seventy-two years that Our Lady is said to have lived on earth, and one Our Father and Hail Mary for the intention of the Pope to gain the indulgences.

LIST OF INDULGENCES

ON JUNE 15, 1968, Pope Paul VI abrogated the indulgences previously granted by the Church and approved a new and reduced collection of indulgences for the universal Church (Enchiridion Indulgentiarum, Vatican, 1968). A limited number of new indulgences were also granted to the members of the Orders of St. Francis, but among these there are none for the praying of the Franciscan Crown. This does not mean that this form of prayer must be given up or that the seven-decade beads should be discarded. The Crown is still a prayer that is pleasing to God and to our Heavenly Mother.

If the seven-decade rosary is blessed, it is one of those blessed objects (crucifixes, crosses, rosaries, scapulars, medals) for which the Church has granted new indulgences, if they are used in a pious manner. If the Crown is blessed by a priest, the faithful can gain a partial indulgence by using it piously; and if it is blessed by the pope or a bishop they can gain a plenary indulgence on the feast of Sts. Peter and Paul (June 29), under the usual conditions (confession, Communion, and at least one Our Father and Hail Mary for the intentions of the pope), provided that they add a profession of faith, using any correct formula, for instance the Apostles' Creed (Enchiridion, no. 35).

Minister's Note for November

After the spectacular experiences of October with Transitus, the Feast Day of St. Francis, the Blessing of the Animals, and the Professions of Pam Pert OFS, Linda Ochwat OFS, and Peter Normandin OFS, where do we go from here? We go deeper.

In October, we received an abundance of grace and love in the celebrations of these wonderful Franciscan moments. I saw joy overflowing in our community. I heard fellow Seculars say about the Professions of Pam, Linda, and Peter, *'I was able to re-live my own Profession!'* We received so much; now were called to go deeper.

Our November 3rd gathering, immediately following All Saint's Day, will be an opportunity to go deeper into the 'soul of all we are and do.' We will have an opportunity to engage our minds, hearts, and souls in the experience of contemplative prayer in the form of Eucharistic Adoration and the Franciscan Crown. We'll have an opportunity to take in our hands the joys we have received in the Franciscan celebrations of October and reflect on them in our hearts.

November brings its own Franciscan joys as well – The feast of our Patron St. Elizabeth of Hungary on November 17th, and the Feast of All Saints of the Seraphic Order when the final Rule of Life for the Franciscan friars was approved on 1223. Let us enter this relatively quiet time following a very exciting October and take some time to 'process' and to appreciate the gifts we have received. Let's spend just a bit of time in quiet prayer and contemplation.



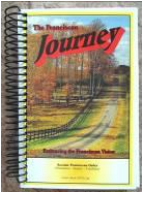
Giotto, The Last Judgement, Arena Chapel, Padua

As Jesus was the true worshiper of the Father, so let prayer and contemplation be the soul of all they are and do. Let them participate in the sacramental life of the Church, above all in the Eucharist.

[From the Rule of the Secular Franciscan Order](#)

Pace e Bene -
Laura, OFS

Reminders Page.



Classes are held the Saturday before the meeting, Please Call Janice DeSpain for more information
Pax Et Bonum
Janice DeSpain OFS
Director of Formation

November Profession Anniversaries



Our records indicate nobody in November...

November Memorials



4, 1998	Catherine Wagner
6, 2006	Rose Rita Langen

November Birthdays

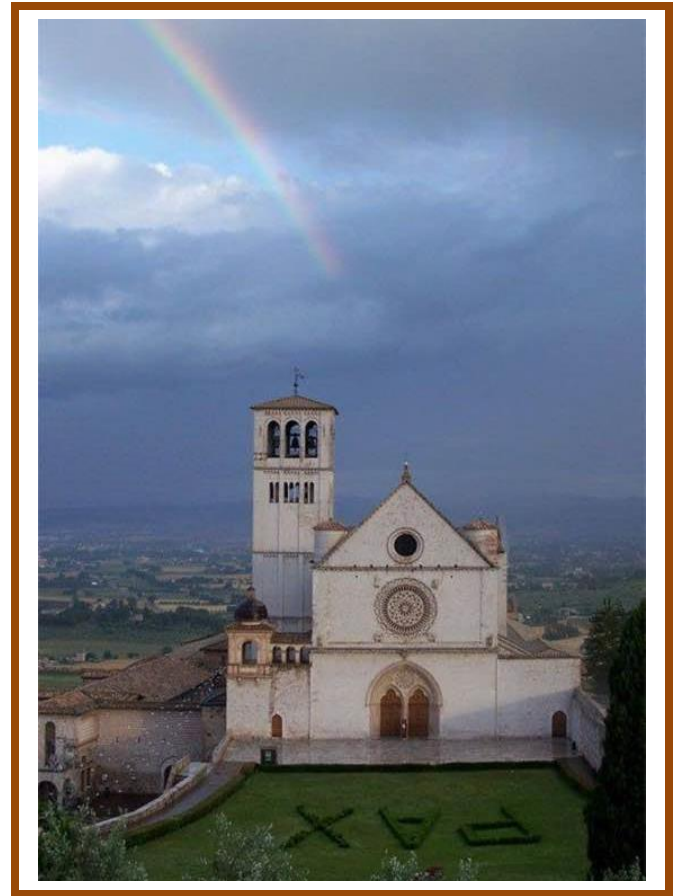


2	Karen W.
9	Connie H.
15	Carol I.
25	Samuel D.

Let us Pray for our brothers and sisters, especially:



- For the safety of our Minister and Council in their journeys during this busy time of year.
- For Pope Francis, Bishop Robert McElroy, and all Diocesan Bishops for all of our pastors, priests, deacons and consecrated religious, including those in lay orders and institutes.
- For the victims of war and terrorism throughout the world.
- For all of our brothers and sisters served by our fraternity's outreach program.
- All of our Fraternity members, especially: our council, our brothers and sisters who are in formation, our elderly and or homebound who aren't able come to our fraternity gatherings.
- Members of all three Orders of the Franciscan Family who need, or have asked for our prayers.



Holy Gospel for 31st Sunday in Ordinary Time.

At that time, Jesus came to Jericho and intended to pass through the town. Now a man there named Zacchaeus, who was a chief tax collector and also a wealthy man, was seeking to see who Jesus was; but he could not see him because of the crowd, for he was short in stature.

So he ran ahead and climbed a sycamore tree in order to see Jesus, who was about to pass that way.

When he reached the place, Jesus looked up and said, "Zacchaeus, come down quickly, for today I must stay at your house."

And he came down quickly and received him with joy. When they all saw this, they began to grumble, saying, "He has gone to stay at the house of a sinner."

But Zacchaeus stood there and said to the Lord, "Behold, half of my possessions, Lord, I shall give to the poor, and if I have extorted anything from anyone I shall repay it four times over."

And Jesus said to him, "Today salvation has come to this house because this man too is a descendant of Abraham.

For the Son of Man has come to seek and to save what was lost." (NABRE from USCCB usccb.org/bible/readings/110319.cfm)

Comments: Jesus shows his divine mercy when he accepts Zacchaeus's desire to return what isn't his to its rightful owner, and to give to the poor. We will notice that when we ask forgiveness, one of the things that Jesus asks, is that we give to the poor. Just look at Matt. 25:26 where he says, "for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, ..." You be kind and merciful to others, and Jesus will be merciful to you. Editor.

**May the mercy of Jesus continue to descend upon those in need.
Lord Jesus have mercy on me a sinner. Amen.**

Profession Oct. 6, 2019



Our newly Professed members, and their sponsors, with Fr. Vince, left to Right, Janice D., Laura C. Sandy B. Pamela P. OFS, Peter N. OFS, Linda O. OFS, and Fr. Vince M.

Congratulations on your Profession of our Holy Rule.

Don't forget to "fall back" one
on gathering



hour on NOV. 3rd, yes, that is
meeting day.



Oh, last but definitely not least, remember your donation envelope for the Common Fund. The box will be waiting for you.

Luis A. Guzman, OFS – Treasurer

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Laura, OFS



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